To assess current standing of Kentucky's workplace health promotion (WHP) & occupational safety and health (OSH) programs.

To compare results to 2017 National Workplace Health in America Survey results.

To suggest target areas to improve health of Kentucky workers and workplaces.

**Background**

- Workplace presents an opportunity to positively influence health as most Americans spend a majority of their lives in workforce.
- Workplace health promotion programs growing in popularity
  - Help control health care costs for employers & employees
  - Improve employee productivity and morale
  - Improve employee health
  - Help retain & attract employees
- Total Worker Health (integration of WHP & OSH) is becoming more common
  - WHP & OSH integrated is more effective for employee health than WHP & OSH separated
- Last statewide Kentucky workplace health survey in 2013
- Last national workplace health survey in 2017
- Last statewide Kentucky workplace health survey in 2013

**Method**

- Dun & Bradstreet Hoover database used to identify eligible participating workplaces in Kentucky
  - More than 100,000 worksites in database
  - Workplaces must have 10+ employees to be eligible to participate
  - Individuals selected with titles related to workplace wellness, health promotion, occupational safety and health, human resources, & upper management
  - Selected individuals emailed survey
- Utilized CDC's Workplace Health in America Survey
  - 204 core items & 41 supplemental items related to WHP, OSH, & emerging workplace health concepts such as Total Worker Health
  - One response per worksite recorded
  - Survey participation incentivized with opportunity for WHP, OSH, and/or Total Worker Health training
- Qualitative & quantitative data analyzed using differential and inferential statistics
- Total sample of 168 workplaces

**Goals**

- To assess current standing of Kentucky’s workplace health promotion (WHP) & occupational safety and health (OSH) programs.
- To compare results to 2017 National Workplace Health in America Survey results.
- To suggest target areas to improve health of Kentucky workers and workplaces.

**Conclusion**

Most KY workplaces have at least one element of a comprehensive WHP program, but only 44.3% of KY workplaces have all 5 program elements. Increasing the number of workplaces in KY that have all 5 elements can help to expand the reach of WHP programs and help to improve employee health.

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