

Ashley Carroll

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Education:

- University of Kentucky, Lexington, KY** **Fall 2021- Present**
 - Masters of Public Health, Concentration in Health Systems and Policy Analytics
 - GPA: 4.0
- Messiah University, Grantham, PA** **Fall 2016-Graduated Spring 2019**
 - Bachelors of Applied Health Science, Concentration in Pre-Physical Therapy
 - GPA: 3.5
- Harrisburg Area Community College, Harrisburg, PA** **Fall 2015-Spring 2016**
 - GPA: 3.8
 - Phi Theta Kappa, Honors Society

Work Experience:

- **Workforce Development Intern, Kentucky Department for Public Health** **Spring 2022 – Present**
 - Assist in the development and implementation of the Discovery Cohort Program and Educational Assistance Program
 - Gather and analyze data related to current public health educational offerings in universities throughout Kentucky (Environmental Scan)
 - Develop educational/informational materials
 - Survey development
- **Caregiver, HomeInstead Senior Care** **Winter 2020- Spring 2021**
 - Assist clients with activities of daily living
 - Run errands and drive clients to appointments
 - Assist with exercise (walking, standing, physical therapy exercises)
 - Aid with personal hygiene
- **Patient Support Specialist, Results Physiotherapy** **Summer 2019 – Spring 2020**
 - Overseeing patient scheduling, checking-in, checking-out
 - Insurance authorizations
 - In charge of sending out all therapist's notes to the patient's MD
 - Running daily reports to keep all patient information updated
 - Helped set patients up with heat, ice, or electrical stim. As well as, help with laundry and keeping the clinic clean
- **Community Health Integration, UPMC Pinnacle** **Summer 2016-Winter 2018**
 - Promoted patient health portal for family care centers
 - Worked with data in Excel spreadsheets
 - Abstracted clinical information from legacy systems to EPIC EHR
 - Supported a business intelligence patient records data abstraction project
 - Completed data entry and analysis to convert hundreds of data records within EPIC EHR system

Extracurricular Activities:

- **Research Study on CTSIB Machine** **Spring 2017-Spring 2018**
 - Conducted a study using CTSIB machine, which measures sway of an individual
 - Test-Re-Test study: Measure an individual's balance/sway, then give them balance training and retest their balance to see if there was an improvement compared to the individuals who did not have the balance training
 - Present at Messiah College Symposium, April 2017
 - **Presented** as the first author at the Mid-Atlantic Regional Chapter of the American College of Sports Medicine, Harrisburg, PA, November 4th, 2017. **Published Abstract:**
 - **Carroll, A., Brocht, E., Walter, E., Johnson, P., & Kieffer, H.S. (2017).** The Test-Retest Reliability and Learning Effect of the Modified CTSIB Balance Protocol. *International Journal of Exercise Science: Conference Proceedings*, 9(6), number in press
- **Service Learning, Brethren Housing Association (BHA)** **Fall 2017**
 - Worked with a group of students at Messiah College to create a tool to help promote health aspects to homeless women and children in the Harrisburg community
 - Promoted the aspect of mental health to homeless children by creating Comfort Containers and Journals
 - Acquired knowledge on the homeless community in Harrisburg
 - Enhanced skills such as being flexible through adapting to the different needs of the staff and participants of BHA
 - Created a project that would meet the needs of a specific population.
 - Presented project to the program leaders at BHA

Programming Languages and Software Skills:

- R, SPSS, REDCap, ReadyOp, Canva, EPIC EHR, Therapy Source, ClearCare, Sandata
- Microsoft Office: Excel, Word, PowerPoint, Access