


Prabathi Gunathilake

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Summary

A 4th year social work Ph.D. student and a Crisis Intervention Counselor, adept at getting to the root of problems and helping clients develop effective coping skills for different life situations, triggers, and trauma. Well-versed in collaborating with teams of practitioners to positively impact clients lives and has a history of working well with clients from all backgrounds, building rapport, and conducting educational groups on mental health-related areas. Organized and dependable candidate with a strong in-depth knowledge of cognitive, social, and developmental psychology, mental illnesses, behavioral and psychological interventions, and social work research. Confident in managing multiple priorities with a positive attitude and a willingness to take on added responsibilities to meet patient and organizational goals.

Experience



Graduate Research Assistant

School of Public Health and Information Sciences, University of Louisville (Oct 2022 - Present)

Conducts research on a state-funded suicide prevention project to engage communities for tailoring messaging for the new 988 suicide and crisis lifeline to achieve the goal of increasing access to suicide prevention and crisis care for communities of color and LGBTQ+ communities in Kentucky. Utilizes Boot Camp Translation method (BCT) to engage community members, organizational stakeholders, and academicians to tailor 988 suicide prevention and crisis care marketing materials to meet the needs of high-risk communities.



Crisis Intervention Counselor

Seven Counties Services (Jun 2023 - Present)

Operates 988 National Suicide Prevention Lifeline, Adult Crisis Line, and SAMHSA Treatment Referral Line, evaluates and assesses individuals with acute/severe problems related to substance abuse, mental or emotional problems, provides assistance to callers who are experiencing mental health crises with identifying, minimizing or resolving problems and ensuring safety, connects clients with emergency services when needed, provides treatment recommendations, dispositions and referral services to individuals with acute, severe or chronic mental health or substance abuse problems.



Mental Health Technician

Wellstone Regional Hospital (Jun 2021 - May 2023)

Worked directly with patients, families, physicians, and community providers to ensure active and collaborative care from the initiation of treatment to the time of discharge, provided behavioral health counseling services and conducts therapeutic educational groups, performed behavioral tracking, documentation, and patient care duties, provided patients with information regarding resources and therapeutic activities in the community, identified behaviors that necessitate intervention and obtains assistance from qualified personnel to complete intervention, engaged with colleagues in treatment team meetings to promote positive patient treatment outcomes, participated in continuous quality improvement and performance improvement activities to enhance the effectiveness of treatment.



Graduate Research Assistant

Raymond A. Kent School of Social Work and Family Science, University of Louisville (Aug 2019 - Sept 2022)

Conducted research on developing youth-centered, evidence-based, trauma-focused interventions to help children deal with the negative consequences of trauma to promote recovery and resilience of traumatized youth. Analyzed data on the prevalence of trauma, effective treatments, and prevention of victimization of children. Assisted professors with recording and analyzing data using statistical, qualitative, and quantitative analysis methods for potential academic publications and presentations.



Graduate Teaching Assistant

Department of Chemistry, University of Louisville (Aug 2017 - July 2019)

Contributed to research and data analysis within a bio-inorganic and electrochemical landscape. Supported advanced field research by assisting with experimental design, execution, and results tracking, prepared materials for reports, presentations, and submissions to peer-reviewed journal publications and gathered, reviewed, and summarized literature from scientific journals. Conducted organic, inorganic, and analytical chemistry laboratory sessions for undergraduate students.

Education



Bachelor of Science (BS) in Biological Sciences

Faculty of Science, University of Colombo, Sri Lanka (2011 - 2016)



Master of Science (MS) in Chemistry

College of Arts & Sciences, University of Louisville (2017-2019)



Doctor of Philosophy (Ph.D.) in Social Work

Raymond A. Kent School of Social Work and Family Science, University of Louisville (2019 - Present)

Skills

Academics • Research • Communication • Critical Thinking • Decision Making • Behavioral Health
Mental Health Counseling • Mental Health First Aid • Therapeutic Crisis Intervention
Crisis Management • Counseling Psychology

References

Dr. Bibhuti Sar

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