

Cheri A. Levinson, Ph.D.

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EMPLOYMENT

Associate Professor (tenured) July 2020-present
Director, Eating Anxiety Treatment (EAT) Laboratory
Department of Psychological and Brain Sciences
University of Louisville, Louisville, KY

Behavioral Wellness Clinic/ Oct. 2017-present
Louisville Center for Eating Disorders
Founder & Clinical Director
Licensed Psychologist, Health Service Provider
11824 Ransum Drive
Louisville, KY 40243

EDUCATION AND TRAINING

Washington University in St. Louis School of Medicine Sep. 2015-July 2016
Department of Psychiatry
T32 Post-doctoral Research Fellow
5T32DA007261-17

University of North Carolina School of Medicine Aug. 2014-Aug. 2015
Department of Psychiatry
Center of Excellence for Eating Disorders
Clinical Psychology Intern

Doctorate of Philosophy (Ph.D.), Clinical Science Received: Aug. 2015
Washington University in St. Louis
Department of Psychology
Dissertation: Manipulation of Negative Social Evaluation
Fears on Body Dissatisfaction and Eating Behaviors: Does
Fear of Social Evaluation Lead to Disordered Eating? Defended: June 2013
Proposed: Dec. 2011

Masters of Art (M.A.), Clinical Science Received: Dec. 2010
Washington University in St. Louis
Thesis: Self-Discrepancy and Regulatory Focus Theory:
Acculturation Matters

University of Kentucky, Honors Program Received: Dec. 2007
Psychology, **Bachelor of Arts**
History, **Bachelor of Arts**
Piano Performance, minor
Cumulative Grade Point Average: 4.0

PREVIOUS EMPLOYMENT

Assistant Professor Aug 2016-June 2020
Director, Eating Anxiety Treatment (EAT) Laboratory
Department of Psychological and Brain Sciences
University of Louisville, Louisville, KY

Behavioral Wellness Clinic Jul. 2016-Sep. 2017
Licensed Psychologist, Health Service Provider
Eating Disorder Therapist and Supervisor
912 Lily Creek Road # 201
Louisville, KY 40243

GRANTS-Awarded

NIMH R34MH124799-01: **A Pilot Randomized Control Trial of a Relapse Prevention Online Exposure Protocol for Eating Disorders and Mechanisms of Change** (funded March 15, 2021-March 15, 2024): \$691,754.00

- Role: Principal Investigator
- Co-Is: Dr. Kirsten Purves, Dr. Thalia Eley

NIMH 1R15MH121445-01A1: **Personalized Networks and Sensor Technology Algorithms of Eating Disorder Symptoms Predicting Eating Disorder Outcomes** (funded June 15, 2020-June 14, 2023): \$463,165

- Role: Principal Investigator
- Co-Is: Dr. Elizabeth Cash, Dr. Karla Welch

NIMH Diversity Supplement for '**Personalized Networks and Sensor Technology Algorithms of Eating Disorder Symptoms Predicting Eating Disorder Outcomes**' (funded June 15, 2021-June 14, 2023): \$126,469.00

- Role: Principal Investigator & Mentor for Rowan Hunt

NIMH 1R34MH127024-01: **Integrating Exposure into Family-based Treatment for Adolescent Anorexia Nervosa** (pending council: Impact Score 33): \$742,125

- Role: Expert Consultant
- PI: Dr. Daniel Le Grange & Dr. Sasha Gorrell

Kentucky BioMedical Research Infrastructure Network Post-Doctoral Fellow Addition to R15 (June 2020-June 2023): \$145,500

Barriers to Treatment Access (BTA) Study for Individuals with Eating Disorders – National Eating Disorder Association; \$100,000

- Role: Principal Investigator
- Co-Investigator with Samantha Spoor (Co-I), EAT Lab and Rebecca Eyre (PI), Project HEAL

University of Louisville EVPRI: **Network Informed Personalized Treatment for Eating Disorders** (funded June 2020-July 2021); \$10,000

- Role: Principal Investigator

University of Louisville EVPRI: Neuro-circuitry Underlying Learning during Exposure Therapy in Individuals with Eating Disorders (funded June 2018-July 2020); \$10,000

- Role: Principal Investigator
- Co-I: Dr. Brendan Depue

Wright Endowment Grant: Development of Data Driven Models for Personalized Treatment and Prevention of Depression (funded July 2019-July 2021); \$7,500

- Role: Principal Investigator

Military Suicide Research Consortium (MSRC) Department of Defense: Characterizing the dynamics of acute suicidal affective disturbance: A between-subjects and intra-individual network approach (funded January 2019-January 2021); \$575,657

- Role: Co-Investigator with Dr. April Smith (PI), Miami University

National Research Service Award, National Institute of Mental Health, F31-MH096433-01. **Shared Vulnerabilities of Social Anxiety and Eating Disorders.** Awarded with a Priority Score of 20 (19 percentile). Direct Costs: \$125,400; 2011-2014

- Co-Sponsors: Dr. Thomas Rodebaugh, Ph.D. & Dr. Eric Lenze, M.D.
- Consultants: Dr. Denise Wilfley, Ph.D., Dr. Greg Smith, Ph.D., & Dr. Elliot Nelson, M.D.

EAT LAB MISSION STATEMENT

The Eating Anxiety Treatment (EAT) Laboratory has a six-pronged mission, all of which center on improving the lives of those with eating disorders. Our mission is to (a) conduct cutting-edge research to develop novel treatments for eating disorders, (b) provide high-quality, evidence-based treatment for eating disorders (c) train the next generation of eating disorder researchers and clinicians, (d) distribute scientifically-based prevention programs across the community, (e) advocate for more awareness, better treatment, and services for eating disorders, and (f) work toward a more equitable and inclusive future that alleviates barriers to accessing high-quality treatment, prevention, and research for underserved populations.

HONORS & AWARDS

Association for Psychological Science Rising Star Award (2021)

Ascending Star Fellow (2021-2022), Supported by the University of Louisville: \$5,000, This fellowship is designed to position accomplished research faculty to become a Distinguished Faculty University Scholar

American Psychological Foundation Theodore Blau 2020 Early Career Investigator Award (\$2,000)

University of Kentucky Community Supervisor Award (April 2018)

- Awarded for providing supervision to Heather Davis, PhD candidate

Academy for Eating Disorders Outstanding Scientific Contribution Award (Awarded February 2016)

- Awarded for the manuscript *The Fear of Food Measure: A Novel Measure for Use in Exposure Therapy for Eating Disorders* published in the *International Journal of Eating Disorders*

Academy for Eating Disorders Alex DeViny Memorial Award (Awarded March 2016)

- \$2,000 awarded for the abstract *Associations between the Core Dimensions of Anorexia Nervosa and Obsessive-Compulsive Disorder: An Examination of Personality and*

Psychological Factors presented at the International Conference on Eating Disorders May 2016

Academy for Eating Disorders Early Career Scholarship (Awarded February 2015).

- \$1,500 awarded to attend the International Conference on Eating Disorders to present research and complete research training in grant writing

American Psychological Association Dissertation Award (Awarded November 2012).

- \$1,000 for dissertation research

P.E.O. Scholar Award (Awarded April 2012).

- \$15,000 awarded for “excellence in research, academics, and ability to make a significant contribution to society”

American Psychological Association Basic Psychological Science Research Grant (May 2011).

Social Evaluation Fears and Eating Behaviors.

- Awarded Honorable Mention

Society for a Science of Clinical Psychology (SSCP) Outstanding Student Researcher Award

(Awarded October 2014)

Washington University Conference Travel Award (yearly 2008-2013)

Washington University Graduate Fellowship (2008-2009)

Phi Beta Kappa

2008 James Miller Award

- This was given for recognition of best undergraduate honors thesis poster presentation at the University of Kentucky Psychology Honors and Awards Day.

Holman-Hamilton Fellowship (Spring 2007)

- I was awarded a semester tuition scholarship for successful academic performance. This award is given to one history major per year and is selected by the history faculty.

Governor’s School for the Arts Full Tuition Scholarship (2003-2007)

I was awarded a four-year full tuition scholarship at the University of Kentucky. This was awarded after successful completion of Kentucky’s Governor’s School for the Arts in the piano concentration and for having high ACT/SAT scores.

RESEARCH TRAINEE GRANTS AND AWARDS

University of Louisville College of Arts & Sciences Mentored Undergraduate Research and Creative Activities Grant, Awarded to Rowan Hunt and Aamyah Vohra to promote meaningful undergraduate research and/or creative activity experiences for first- or second-year students and provide graduate students, staff and faculty opportunities to mentor undergraduates.

- Amount: \$1,000
- Role: Mentor

National Science Foundation Graduate Research Fellowship Program (NSF GRFP) 2021, Awarded to Claire Cusack for *Cognitive Processing and Heart Rate Variability in Response to Minority Stressors*

- Role: Mentor

National Science Foundation Graduate Research Fellowship Program (NSF GRFP) 2021, Honorable Mention awarded to Mackenzie Brown for *An Idiographic Approach to Fear Learning Deficits: Examining Effects on Stress, Anxiety, and Eating*

- Role: Mentor

F31-MH127892-01: Ruth L. Kirschstein National Research Service Award (NRSA) Individual Predoctoral Fellowship. **Behavioral and Momentary Assessment of Fear-based Mechanisms underlying Remission in Weight-restored Anorexia Nervosa**. Score: 22 (15th percentile), pending council.

- Role: Mentor
- PI: Caroline Christian

American Psychological Association Dissertation Research Award (2020), awarded to Leigh Brosof for *Shared and Unique Mechanisms Underlying the Development of Comorbid Eating Disorder-Anxiety Symptoms in Adolescence*

- \$1000 awarded for dissertation proposal
- Role: Mentor

National Science Foundation Graduate Research Fellowship Program (NSF GRFP) 2020, Honorable Mention awarded to Rowan Hunt for *Impulsivity, Affect, and Decision-Making: Understanding Health-Risk Behavior Engagement*

- Role: Mentor

National Science Foundation Graduate Research Fellowship Program (GRFP) 2017 Honorable Mention awarded to Leigh Brosof for *Does concern over mistakes impair cognitive control leading to food intake: an experimental study?*

- Role: Mentor

John A. Stern Research Award (Awarded September 2014).

- \$480 awarded to Leigh C. Brosof for an undergraduate research project
- Role: Research Mentor

University of Louisville Graduate Student Council Research Grant (2020)

- \$200 awarded for a pilot study of the mindful self-compassion training program for eating disorders.
- Role: Mentor

University of Louisville Graduate Student Council Research Grant (2020)

- \$500 awarded to Caroline Christian for independent research project examining risk and protective factors for changes in eating disorder symptoms across pregnancy and postpartum.
- Role: Mentor

University of Louisville College of Arts and Sciences Undergraduate Research Mentored Grant

- Brosof, L. C., & Ngo., B. (2020). Awarded for research on developmental factors of eating disorders
- Role: Mentor

University of Louisville Graduate Student Dissertation Award

- \$500 awarded to Irina Vanzhula for her dissertation research project testing an experimental manipulation of general versus eating specific mindfulness on eating behaviors and disordered eating
- Role: Mentor

University of Louisville Intramural Research and Creative Activities Grant

- \$500 awarded to Irina Vanzhula for independent research project testing the efficacy of Eating Awareness Training workshop to reduce disordered eating behaviors
- Role: Mentor

COMMUNITY ENGAGED SCHOLARSHIP **Legacy of Hope Summit Research Committee (2020-2021)** - [link available here](#)

- Meeting of 25 highly-respected experts and thought leaders in the eating disorder field to develop consensus recommendations on how to move the field forward. The consensus-based Report includes a series of goals relating to 5 issues that are fundamental to improving care for the diverse array of individuals whose lives are impacted by eating disorders: (1) early detection, intervention, and prevention; (2) accessibility, affordability, and accountability of care; (3) standards of care; (4) research and research funding; and (5) advocacy, education, and legislation.

PUBLISHED REFEREED JOURNAL ARTICLES

***denotes graduate student author **denotes undergraduate or post-bac student author +mentored post-doctoral fellow**

108. *Williams, B. M., *Brown, M. L., **Sandoval-Araujo, L., Russell, S., & **Levinson, C. A.** (in press). Psychiatric comorbidity between eating disorders and obsessive-compulsive disorders and underlying shared mechanisms: An updated review. *Journal of Cognitive Psychotherapy*.
107. Sala, M., *Vanzhula, I., Roos, C., & **Levinson, C.A.** (in press). Mindfulness and eating disorders: A network analysis. *Behavior Therapy*.
106. **Levinson, C.A.**, **Spoor, S., *Keshishian, A., & Pruitt, A (in press). Pilot Outcomes from a Multidisciplinary Telehealth vs In-person Intensive Outpatient Program for Eating Disorders During Vs Before the Covid-19 Pandemic. *International Journal of Eating Disorders*.
105. +Ralph-Nearman, C., *Williams, B. M., *Ortiz, A. L., Smith, A. R., & **Levinson, C. A.** (in press). Pinpointing Core and Pathway Symptoms Among Sleep Disturbance, Anxiety, Worry, and Eating Disorder Symptoms In Anorexia Nervosa and Atypical Anorexia Nervosa. *Journal of Affective Disorders*.
104. Roos, C.R., Sala, M., Kober, H., *Vanzhula, I., & **Levinson, C.A.** (in press). Mindfulness-based interventions for eating disorders: The potential to mobilize multiple associative-learning change mechanisms. *International Journal of Eating Disorders*.
103. **Wong, V.Z., *Christian, C., *Hunt, R.A., **Levinson, C.A.** (in press). Network Investigation of Eating Disorder Symptoms and Positive and Negative Affect in a Clinical Eating Disorder Sample. *International Journal of Eating Disorders*.
102. *Hunt, R.A. & **Levinson, C.A.** (in press). Self-reported interoceptive sensibility does not moderate the relationship between eating disorder symptoms and suicidal thoughts and behaviors. *Behavior Therapy*.
101. *Cusack, C.E., *Christian, C., **Drake, J.E., & **Levinson, C.A.** (in press). A network analysis of eating disorder symptoms and co-occurring alcohol misuse among heterosexual and sexual minority college women. *Addictive Behaviors*.
100. *Christian, C., *Bridges-Curry, Z., *Hunt, R.A., *Ortiz, A.M.L., **Drake, J.E., **Levinson, C.A.** (in press). Latent Profile Analysis of Impulsivity and Perfectionism Dimensions and Associations with Psychiatric Symptoms. *Journal of Affective Disorders*.
99. *Vanzhula, I. A., **Kinkel-Ram, S., & **Levinson, C. A.** (2021, in press). Perfectionism and Difficulty Controlling Thoughts Bridge Eating Disorder and Obsessive-Compulsive Disorder: A Network Analysis. *Journal of Affective Disorders*.
98. *Hunt, R.A., **Levinson, C.A.**, & Peiper, N.C. (in press). Leveraging general risk surveillance to reduce suicide in early adolescents: Associations between suicidality, disordered eating, and other developmental risk factors. *Suicide and Life-Threatening Behavior*.

97. *Christian, C., *Keshishian, A.C., **Levinson, C.A.**, Peiper, N.C. (2021). A Network Examination of Risky Behaviors in a State-level and National Epidemiological Sample of High School Students. *Early Intervention in Psychiatry*.
96. Schaumberg, K, Reilly, E. E., Gorrell, S., **Levinson, C.**, Farrell, N. R., Brown, T. A., Smith, K. M., Schaefer, L. M., Essayli, J. H., Haynos, A. F., & Anderson, L. M. (2020). Conceptualizing eating disorder psychopathology using an anxiety disorders framework: evidence and implications for exposure-based clinical research. *Clinical Psychology Review*, 83, 101952.
95. *Williams, B. M., & **Levinson, C. A.** (2020). Intolerance of uncertainty and perfectionism as maintenance factors for eating disorders and obsessive-compulsive disorder symptoms. *European Eating Disorders Review*.
94. **Levinson, C.A.**, Cash, E., Welch, K., Epskamp, S., *Hunt, R.A., *Williams, B.M., *Keshishian, A.C., **Spoor, S.P. (2020). Personalized networks of eating disorder symptoms predicting eating disorder outcomes and remission: A registered report. *International Journal of Eating Disorders*.
93. *Christian, C., **Ngo, B., *Brosof, L.C., **Levinson, C.A.** (2020). Social appearance anxiety moderates the relationship between thin-ideal internalization and eating disorder symptoms cross-sectionally and prospectively in adolescent girls. *Eating and Weight Disorders- Studies on Anorexia, Bulimia and Obesity*.
92. Murray, S.B., **Levinson, C.A.**, Farrell, N.R., Nagata, J.M., Compte, E.J., Le Grange, D. (2020). The open vs blind weight conundrum: A multi-site randomized control trial across multiple levels of patient care for anorexia nervosa. *International Journal of Eating Disorders*, 53(12), 2079-2085.
91. **Levinson, C.A.**, *Vanzhula, I.A., Woods, T. Stice, E. (2020). Group and longitudinal intra-individual networks of eating disorder symptoms in adolescents and young adults at-risk for an eating disorder. *Behaviour Research and Therapy*, 135, 103731.
90. **Levinson, C.A.**, *Williams, B.M. (2020). Eating disorder fear networks: Identification of central eating disorder fears. *International Journal of Eating Disorders*, 53(12), 1960-1973.
89. **Levinson, C.A.**, *Williams, B.M., *Christian, C. (2020). What are the emotions underlying feeling fat and fear of weight gain? *Journal of Affective Disorders*, 277, 146-152.
88. **Levinson, C.A.**, *Christian, C., **Shankar Ram S., *Vanzhula, I.A., *Brosof, L.C., **Michelson, L.P., *Williams, B.M. (2020). Eating disorder symptoms and core eating disorder fears decrease during online imaginal exposure therapy for eating disorders. *Journal of Affective Disorders*, 276, 585-591.
87. *Sahlan, R. N., *Williams, B. M., *Forrest, L. N., *Saunders, J. F., Fitzsimmons-Craft, E. E., & **Levinson, C. A.** (2020). Disordered eating, self-esteem, and depression symptoms in Iranian adolescents and young adults: A network analysis. *International Journal of Eating Disorders*.
86. Glashouwer, K. A., Brockmeyer, T., Cardi, V., Jansen, A., Murray, S. B., Blechert, J., **Levinson, C.A.** A., Schmidt, U., Tchanturia, K., Wade, T. D., Svaldi, J., Giel, K. E., Favaro, A., Fernández-Aranda, F., Friederich, H.-C., Naumann, E., Treasure, J. L., Tuschen-Caffier, B., Vocks, S., & Werthmann, J. (2020). Time to make a change: A call for more experimental research on key mechanisms in anorexia nervosa. *European Eating Disorders Review*, 28(4), 361-367.
85. Olatunji B.O., Taylor, S., *Christian, C., Strachan, E., **Levinson, C.A.** (2020). Central and peripheral symptoms in network analysis are differentially heritable: A twin study of “anxious-misery.” *Journal of Affective Disorders*, 274, 986-994.
84. *Sala, M., & **Levinson, C.A** (2020). The Association Between Mindfulness Facets and Body Checking in Individuals with High and Low Eating Disorder Pathology. *Mindfulness*, 11, 2199-2205.
83. *Williams, B. M. & **Levinson, C. A.** (2020). Negative beliefs about the self prospectively predict eating disorder severity among undergraduate women. *Eating Behaviors*, 37, 101384.
82. *Vanzhula, I.A., *Sala, M., *Christian, C., *Hunt, R.A., *Keshishian, A., **Wong, V.Z., **Ernst, S., **Spoor, S., & **Levinson, C. A.** (2020). Avoidance coping during mealtimes predicts

- an increase in eating disorder symptoms. *International Journal of Eating Disorders*, 53(4), 625-630.
81. *Vanzhula, I.A. & **Levinson, C.A.** (2020). Mindfulness in the treatment of eating disorders: theoretical rationale and hypothesized mechanisms of action. *Mindfulness*, 11, 1090-1104.
 80. Brown, T. A., *Vanzhula, I. Reilly, E. E., **Levinson, C. A.**, Berner, L. A., Krueger, A., Lavender, J. M., Kaye, W. H., & Wierenga, C. W. (2020). Body mistrust is a bridge pathway between interoceptive awareness and eating disorder symptoms. *Journal of Abnormal Psychology*, 129(5), 445-456.
 79. *Sala, M., *Shankar Ram, S., *Vanzhula, I.A., & **Levinson, C.A.** (2020). Mindfulness and eating disorder psychopathology: A meta-analysis. *International Journal of Eating Disorders*.
 78. *Christian, C., *Williams, B. M., *Hunt, R.A., **Wong, V.Z., **Ernst, S.E., **Spor, S.P., *Vanzhula I.A., Tregarthen J.P., Forbush, K.T., **Levinson, C. A.** (2020). A network investigation of core symptoms and pathways across duration of illness using a comprehensive cognitive-behavioral model of eating-disorder symptoms. *Psychological Medicine*.
 77. *Brosof, L. C., *Williams, B. M., & **Levinson, C. A.** (2020). Exploring the contribution of exercise dependence to eating disorder symptoms. *International Journal of Eating Disorders*, 53(1), 123-127.
 76. *Christian, C., *Perko, V. L., *Vanzhula, I. A., Tregarthen, J. P., Forbush, K. T., & **Levinson, C. A.** (2020). Eating disorder core symptoms and symptom pathways across developmental stages: A network analysis. *Journal of Abnormal Psychology*, 129(2), 177-190.
 75. *Christian C., Martel, M. M., & **Levinson, C. A.** (2020). Emotion regulation difficulties, but not negative urgency, are associated with attention-deficit/hyperactivity disorder and eating disorder symptoms in undergraduate students. *Eating Behaviors*, 36, 101344.
 74. *Brosof, L. C., Egbert, A. H., Reilly, E. E., Wonderlich, J. A., Karam, A., *Vanzhula, I., ... & **Levinson, C. A.** (2019). Intolerance of uncertainty moderates the relationship between high personal standards but not evaluative concerns perfectionism and eating disorder symptoms cross-sectionally and prospectively. *Eating Behaviors*, 35, 101340.
 73. **Levinson, C.A.**, *Vanzhula, I.A., *Christian, C. (2019). Development and validation of the eating disorder fear questionnaire and interview: Preliminary investigation of eating disorder fears. *Eating Behaviors*, 35, 101320.
 72. Rosenfield, D., Smits, J.A., Hoffman, S. G., Mataix-Cols, D...**Levinson, C.A.**... Andersson, E., ... & Davis, M. (2019). Changes in dosing and dose timing of d-cycloserine Explain its Apparent Declining Efficacy for Augmenting Exposure Therapy for anxiety-related disorders: An individual participant-data meta-analysis. *Journal of Anxiety Disorders*, 68, 102149.
 71. **Levinson, C.A.**, *Christian, C.A., *Vanzhula, I.A., (2019). Manipulating the theoretical framing of exposure therapy for eating disorders impacts clinicians' treatment preferences. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 1-8.
 70. Olatunji, B. O., *Christian, C., *Brosof, L., Tolin, D. F., & **Levinson, C. A.** (2019). What is at the core of OCD? A network analysis of selected obsessive-compulsive symptoms and beliefs. *Journal of Affective Disorders*, 257, 45-54.
 69. **Levinson, C.A.**, *Christian, C., *Shankar-Ram, S., *Brosof, L. C., & *Williams, B. (2019). Sensor technology implementation for research, treatment, and assessment of eating disorders. *International Journal of Eating Disorders*, 52, 1176-1180
 68. **Levinson, C.A.**, *Brosof, L.C., *Shankar-Ram, S. Pruitt, A., Russell, S., Lenze, E.J. (2019). Obsessions are strongly related to eating disorder symptoms in anorexia nervosa and atypical anorexia nervosa. *Eating Behaviors*, 34, 101298
 67. *Christian, C., *Brosof, L. C., *Vanzhula I.A., *Williams, B. M., *Shankar Ram, S., **Levinson, C. A.** (2019). Implementation of a dissonance-based, eating disorder prevention program in Southern, All-Female High Schools. *Body Image*, 30, 26-34.
 66. **Levinson, C.A.**, *Sala, M., Murray, S., *Ma, J., Rodebaugh, T. L., & Lenze, E. J. (2019). Diagnostic,

- clinical, and personality correlates of food anxiety during a food exposure in patients diagnosed with an eating disorder. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 24 (6), 1079-1088
65. *Piccirillo, M.L., **Levinson, C.A.**, & Rodebaugh, T.L. (2019). The effect of urbanicity on internalizing disorders. *Journal of Clinical Psychology*, 75 (6), 1129-1139.
64. Farrell, N.R., *Brosof, L. C., *Vanzhula, I. A., *Christian, C., Bowie, O. R., & **Levinson, C. A.** (2019). Exploring mechanisms of action in exposure-based cognitive behavioral therapy for eating disorders: The role of eating-related fears and body-related safety behaviors. *Behavior Therapy*, 50 (6), 1125-1135.
63. Farrell, N. R., Bowie, O. R., Cimperman, M. M., Smith, B. E. R., Riemann, B. C., & **Levinson, C. A.** (2019). Exploring the preliminary effectiveness and acceptability of food-based exposure therapy for eating disorders: A case series of adult inpatients. *Journal of Experimental Psychopathology*, 10 (1), 2043808718824886.
62. *Sala, M., *Brosof L.C., **Levinson, C.A.** (2019). Repetitive negative thinking predicts eating disorder behaviors: A pilot ecological momentary assessment study in a treatment seeking eating disorder sample. *Behaviour Research and Therapy*, 112, 12-17.
61. *Sala, M., *Vanzhula, I., **Levinson, C.A.** (2019). A longitudinal study on the association between facets of mindfulness and eating disorder symptoms in individuals diagnosed with eating disorders. *European Eating Disorders Review*, 27 (3), 295-305.
60. *Vanzhula, I., *Calebs, B., *Fewell, L., & **Levinson, C. A.** (2019). Illness pathways between eating disorder and post-traumatic stress disorder symptoms: Understanding comorbidity with network analysis. *European Eating Disorders Review*, 27 (2), 147-160.
59. *Brosof, L. C., *Calebs, B., & **Levinson, C. A.** (2019). Ethnic variance between Asian and European American women in a six month prospective model of eating disorder and social anxiety symptom comorbidity. *Eating Disorders*, 27 (2), 110-122.
58. +**Levinson, C.A.**, Zerwas, S. C., *Brosof, L. C., Thornton, L. M., Strober, M., Pivarunas, B., ... & Crawford, S. (2019). Associations between dimensions of anorexia nervosa and obsessive-compulsive disorder: An examination of personality and psychological factors in patients with anorexia nervosa. *European Eating Disorders Review*, 27 (2), 161-172.
+Top downloaded paper in 2018-2019
57. Murray S., Strober, M., Craske, M., Griffiths, S., **Levinson, C.A.**, Strigo, I. (2018). Fear as a translational mechanism in the psychopathology of anorexia nervosa. *Neuroscience & Biobehavioral Reviews*, 95, 383-395.
56. ****Levinson, C.A.**, *Vanzhula, I., *Brosof, L.C., (2018). Longitudinal and personalized networks of eating disorder cognitions and behaviors: Targets for precision intervention a proof of concept study. *International Journal of Eating Disorders*, 51, 1233-1243.
- **article selected for continuing education article in *International Journal of Eating Disorders* (only 2-3 articles per year selected)
55. **Levinson, C.A.**, *Vanzhula, I.A., *Brosof, L.C., Forbush, K. (2018). Network analysis as an alternative approach to conceptualizing eating disorders: Implications for research and treatment. *Current Psychiatry Reports*, 20, 67.
54. **Levinson, C.A.**, *Brosof, L.C., *Vanzhula, I.A., *Christian, C., *Jones, P., Rodebaugh, T.L., Langer, J.K., White, E.K., Warren, C., Weeks, J.W., Menatti, A., Lim, M.H., Fernandez, K.C. (2018). Social anxiety and eating disorder comorbidity and underlying vulnerabilities: Using network analysis to conceptualize comorbidity. *International Journal of Eating Disorders*, 51, 693-709.
53. **Levinson, C.A.**, *Sala, M., *Fewell, L.K., *Brosof, L.C., *Fournier, L., Lenze, E.J. (2018). Meal and snack-time eating disorder cognitions predict eating disorder behaviors and vice versa in a treatment seeking sample: A mobile technology based ecological momentary assessment study. *Behaviour Research and Therapy*, 105, 36-42.
52. Olatunji, B., **Levinson, C.A.**, *Calebs, B. (2018). A network analysis of eating disorder symptoms and characteristics in an inpatient sample. *Psychiatry Research*, 262, 270-281.

51. *Fewell, L. K., Nickols, R., Schlitzer Tierney, A., and **Levinson, C. A.**, (2018). Eating disorders in sport: comparing eating disorder symptomatology in athletes and non-athletes during intensive eating disorder treatment. *Journal of Clinical Sports Psychology*, 1-28.
50. *Fewell, L. K., Nickols, R., Schlitzer Tierney, A., and **Levinson, C. A.**, (2018). Strength and power improvements in athlete and non-athletes during intensive eating disorder treatment. *Journal of Clinical Sports Psychology*, 1-28.
49. **Levinson, C.A.**, *Brosf, L.C., *Ma, J., *Fewell, L.K., Lenze, E.C. (2017). Fear of food prospectively predicts drive for thinness in an eating disorder sample recently discharged from intensive treatment. *Eating Behaviors*, 27, 45-51.
48. *Sala, M., *Brosf, L.C., Rosenfield, D., Fernandez, K.C., **Levinson, C.A.** (2017). Stress is associated with exercise differently among individuals with higher and lower eating disorder symptoms: An ecological momentary assessment study. *International Journal of Eating Disorders*, 50, 1413-1420.
47. **Levinson, C.A.**, Zerwas, S. C., *Calebs, B. Marcus, M., Kordy, H., Hamer, R.M., Hofmeier, S.M., Levine, M., Zimmer, B., Moesner, M., Peat, C., Runfola, C.D., Bulik, C.M. (2017). The core symptoms of bulimia nervosa, anxiety, and depression: A network analysis. *Journal of Abnormal Psychology*, 126, 340-354.
46. **Levinson, C.A.**, *Brosf, L.C., *Vanzhula, I.A., Bumberry, L., Zerwas, S., Bulik, C. M. (2017). Perfectionism group treatment for eating disorders in an inpatient, partial hospitalization, and outpatient setting. *European Eating Disorder Review*, 25, 579-585.
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- **The first two authors contributed equally to this manuscript**
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 2. **Levinson, C.A.**, & Giancola, P.R., Parrott, D. J. (2011). Beliefs about aggression moderate alcohol's effects on aggression. *Experimental and Clinical Psychopharmacology*, *19*, 64-74.
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PUBLISHED CHAPTERS

1. **Levinson, C.A.**, *Kaplan, S.C. Rodebaugh, T. L. (2014). Personality: Better understanding the socially anxious temperament. In J.W. Weeks (Ed.), *Handbook on Social Anxiety Disorder*. United States, Wiley-Blackwell.

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2. Pearson, C. M., Zapolski, T. C. B., **Levinson, C. A.**, Wood, A., & Smith, G. T. (2014). Defining beauty: Cultural variations in the pursuit of attractiveness and associated harms. In N. Gotsiridze-Columbus (Ed.), *Binge Eating and Binge Drinking: Psychological Social and Medical Implications*. New York: Nova Science Publishers.

CHAired SYMPOSIA AT NATIONAL CONFERENCES

1. **Levinson, C.A.** (June, 2017). *Innovative Uses of Technology*. Symposium presented at the annual meeting of the International Conference on Eating Disorders, Prague, CZ.
2. **Levinson, C.A.** (November, 2015). *Network Analysis: A Symptom Perspective of Psychopathology*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
3. **Levinson, C.A.** (November, 2013). *The Price of Perfection: Perfectionism is a Transdiagnostic Factor Across Social anxiety, Depression, and Eating Disorders*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
4. **Levinson, C.A.**, Langer, J.K. (November, 2013). *Peer Victimization and Emotional Reactivity: Risk Factors for Anxiety and Depression from Childhood to Early Adulthood*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
5. **Levinson, C. A.** (November, 2011). *Comorbid Anxiety and Disordered Eating: Research Findings and Implications for Treatment*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
6. **Levinson, C. A.**, Fernandez, K. C. (November, 2011). *Embracing the Digital Age: Methodological Innovations in the Study of Social Anxiety*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

NATIONAL SYMPOSIUM PRESENTATIONS AND PROFESSIONAL TALKS

*graduate student author **undergraduate student author

70. **Levinson, C.A.**, *Hunt, R.A., *Christian, C., *Keshishian, A.C., *Williams, B.M., *Vanzhula, I.A., & Ralph-Nearman, C. (2021, September). Longitudinal group and individual networks of eating disorder symptoms in individuals diagnosed with an eating disorder. Paper to be presented at the annual meeting of the Eating Disorder Research Society in Boston, MA.
69. *Vanzhula, I.A., Henry, T., *Cusack, C., *Williams, B., *Keshishian, A., & **Levinson, C.A.** (2021, November). Controllability Centrality as a New Tool for Selecting Targets for Eating Disorder Intervention. In Jordan, D. *Novel Analytic Approaches to Clinical Science: Integrating Recent Advances to Statistical Methodology*. Paper to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies in New Orleans, LA.
68. **Levinson C.A.**, *Williams, B.M., *Vanzhula, I.A., *Christian C., *Keshishian, A.C., *Hunt, R.A., & *Brosof, L.C. (2021, November) Network-Informed Personalized Treatment for Eating Disorders. In C. Christian (chair): *Applications and Considerations for Data-Driven Personalized Treatments across forms of Psychopathology*. Paper accepted for presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
67. *Hunt, R.A., *Keshishian, A.C., **Fan, S.B., & **Levinson, C.A.** (2021, November). Using real-time monitoring of emotion regulation skills during mealtimes to understand illness trajectories in eating disorders. In R.A. Hunt & S.B. Wang (co-chairs) *What happens after people leave treatment? Examining transdiagnostic illness trajectories and transitions during critical periods*. Paper to be presented at the 55th annual convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

66. *Brown, M.L., & **Levinson, C.A.** (2021, November). Core eating disorder fears: An examination of prevalence rates and differences in eating disorder fears across eating disorder diagnoses. In M. Brown (Chair) *Here a fear, there a fear, everywhere an eating disorder fear: heterogeneity and treatment of eating disorder fears*. Paper to be presented at the 55th Annual Association of Behavioral and Cognitive Therapies in New Orleans, LA.
65. Ralph-Nearman, C., *Hunt, R. A., & **Levinson, C. A.** (2021, November). Dynamic relationships among feeling fat, fear of weight gain, and eating disorder symptoms in an eating disorder sample. In Ralph-Nearman, C., Brown, T. A. (Co-chairs), *Incorporating underexplored emotions and bodily experiences into eating disorder research and treatment*. Paper to be presented at the 55th annual convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
64. *Keshishian, A. C., *Christian, C., Farrell, N. R., & **Levinson, C.A.** (2021, June). *A network analysis of avoidant/restrictive food intake disorder symptoms in a heterogeneous sample of patients with eating disorders*. Paper to be presented at the 2021 International Conference on Eating Disorders.
63. Ralph-Nearman, C., *Williams, B. M., *Ortiz, A.M.L., Smith, A. R., & **Levinson, C. A.** (2021, June). *Pinpointing core and pathway symptoms among sleep disturbance, anxiety, worry, and eating disorder symptoms in anorexia nervosa and atypical anorexia nervosa*. International Conference on Eating Disorders (ICED2021, virtual).
62. *Cusack, C.E., *Christian, C., **Drake, J.E., & **Levinson, C.A.**, (2021). *A Network Analysis of Eating Disorder Symptoms and Co-occurring Alcohol Misuse Among Heterosexual and Sexual Minority College Students*. Paper to be presented at the annual International Conference on Eating Disorders (virtual due to COVID-19)
61. *Hunt, R.A., *Cusack, C.E., **Fan, S., & **Levinson, C.A.** (2021). *Beyond ‘negative affect’: Examining relations among guilt, shame, rumination, and eating disorder symptomatology*. Paper to be presented at the annual International Conference on Eating Disorders (virtual due to COVID-19)
60. *Kinkel-Ram, S. S., *Williams, B. W., Ortiz, S. N., Forrest, L. N., Magee, J., **Levinson, C. A.**, & Smith, A.R. (Apr. 2021). *Testing intrusive thoughts as illness pathways between eating disorders and obsessive-compulsive disorder symptoms: A network analysis*. Paper to be presented at the annual meeting of Midwestern Psychological Association Conference, Chicago, IL. (Held virtually due to the COVID-19 pandemic)
59. Farrell, N., *Brosf, L. C., *Vanzhula, I. A., *Christian, C., Bowie, O., & **Levinson, C. A.** (Nov. 2020). *Early Changes in Eating-related Fears and Body-related Safety Behaviors Predict Treatment Outcome in Exposure-based CBT for Eating Disorders*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies.
58. Farrell, N., Bowie, O., Cimperman, M., Riemann, B. C., & **Levinson, C. A.** (Nov. 2020) *Effects of a Brief, Food-based Exposure Intervention for Eating Disorders in an Inpatient Hospital Setting*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies.
57. +*Christian, C., Cash, E., **Trombley, C.M., Cohen D.A., **Levinson, C.A.** (November, 2020). *Electrodermal Activity and Heart Rate Variability During Exposure Fear Scripts Predict Eating Disorder Symptoms*. Presented at the annual Obesity and Eating Disorders Special Interest Group (OED-SIG) Meeting at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA
+Won the Graduate Student Research Award
56. **Levinson, C.A.**, *Vanzhula, I.A., *Brosf, L.C., *Christian, C. (Nov. 2020) *An In-Person Prolonged Imaginal Exposure Therapy Protocol for Eating Disorders is Associated with Decreased Eating Disorder Symptoms, Anxiety, and Eating Disorder Fears*. In **Butler, R.M.** *New Directions in Exposure Therapy for Eating Disorders*. Symposium to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
55. **Levinson, C.A.**, *Williams, B., *Hunt, R., *Vanzhula, I.A. (Nov. 2020). *Personalized Models of*

- Eating Disorder Symptoms Across 25 days: Implications for Precision Intervention
 In Reeves, J.W. & Bosley, H.G. (Chairs), *Advances in idiographic clinical science: Highlighting the clinical utility of the person-specific approach*. Symposium to be presented at the 54th annual conference for the Association for Behavioral and Cognitive Therapies, Philadelphia,
54. **Spoor, S.P., *Vanzhula, I.A., *Brosof, L.C., *Michelson, L.P., & **Levinson, C.A.** (2020, November). *Internalized weight bias moderates the relationships between anxiety about gender expression and eating disorder pathology*. In C. Warren (chair). Eating Pathology in Sexual and Gender Minority Populations: Sociocultural Risk Factors, Assessment Considerations, and Treatment Outcomes, Symposium Talk to be presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania
 53. *Keshishian, A. C. & **Levinson, C. A.** (Nov. 2020). Using network analysis to examine symptoms of anxiety, depression, and eating disorder pathology in individuals with anorexia nervosa. Symposium presentation at 54th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
 52. *Vanzhula, I.A., **Williams, K., & **Levinson, C.A.** (Nov. 2020). *Higher fluctuation in anxiety before, during, and after meals is associated with less food restraint*. Paper to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania. In I.A. Vanzhula and E.E. Reilly: "Can't fight this feeling..." Emerging Constructs and New Perspectives on Affective Theories of Eating Disorders.
 51. *Vanzhula, I.A., *Christian, C., **Ernst, S., **Drake, J., & **Levinson, C.A.** (Nov. 2020). *Item Selection Approaches in Network Analysis: An Eating Disorder Network Example*. Paper to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania. In D. Jordan: Novel Analytic Methods for Clinical Science: Recent Approaches to Modeling Psychopathology.
 50. *Williams, B. M., & **Levinson, C. A.** (November 2020). Mediators of change in an online imaginal exposure treatment for eating disorders. In C. Walker: *Pizza, mirrors, and fullness, oh my!: Understanding mechanisms of change underlying exposure interventions for eating disorders*. Paper to be presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
 49. *Brosof, L. C., **Trombley, C., & **Levinson, C.A.** (September 2019). Prediction of binge eating and purging symptoms using machine learning. Paper to be presented at the Eating Disorders Research Society, Chicago, Illinois. *****Abstract selected as a top abstract and award and won best student abstract**
 48. **Levinson, C.A.**, *Christian, C., *Ram, S., *Vanzhula, I.A., *Brosof, L.C., *Michelson, L., *Williams, B. (Sept 2019). Online Imaginal Exposure Therapy for Eating Disorders Decreases Eating Disorder Symptoms, Fear of Food, and Core Eating Disorder Fears. Paper to be presented at the Eating Disorder Research Society, Chicago, IL.
 47. **Levinson, C.A.**, *Christian, C., *Vanzhula, I.A. (Nov. 2019). Manipulating the Theoretical Framing of Exposure Therapy for Eating Disorders Impacts Clinicians' Treatment Preferences, In J. Essayli The Feasibility of Exposure Therapy for Eating Disorders, Paper to be presented at the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 46. **Levinson. C.A.**, *Brosof, L.C., *Knight, L., *Hunt, K.J., Depue, B. (Nov, 2019). Imaginal exposure eating disorder fear scripts are associated with increased brain activation related to threat and reward areas of the brain: An fMRI study. In E.E. Reilly To Approach, Avoid, or Both? Towards an Improved Characterization of Positive and Negative Valence Systems in Eating Disorders, Paper to be presented at the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 45. **Levinson, C.A.**, Christian, C. (Nov, 2019). Integrating Community-Based Projects in the Training of Clinical Scientists for Social Impact. Panel presentation at the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
 44. *Christian, C., **Levinson, C.A.** (November, 2019). Examining the Relationship between Time of Day

- and Eating Disorder Cognitions and Behaviors: A Network Perspective. In *C. Christian & P.D. Soyster (chairs): The Influence of Time of Day on Psychopathology and Implications for In-the-Moment and Personalized Interventions. Paper accepted at the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
43. Brown, T.A., *Vanzhula, I.A., Reilly, R.E., **Levinson, C.A.**, Lavender, J.M., Berner, L.A., Krueger, A., Wierenga, C.E., Kaye, W.H. (March, 2019). Network Analysis of Interoceptive Awareness and Eating Disorder Symptoms. Paper presented at the Academy of Eating Disorders, International Conference on Eating Disorders, New York, NY.
 42. *Brosf, L. C., *Knight, L., *Hunt, K. J., **Levinson****, C. A., & Depue**, B. (2019, March). Imaginal exposure eating disorder fear scripts are associated with increased activation related to threat and internally processed thought compared to neutral scripts: A proof-of-concept fMRI study. Paper to be presented at the International Conference of Eating Disorders, New York, NY.
**indicates joint senior authorship
 41. O'Connor, S.S., *Brosf, L.C., *Vanzhula, I., & **Levinson, C.A.** (April 2019) Eating disorder fears are uniquely associated with suicidality. Paper presentation at the American Association of Suicidology conference, Denver, CO.
 40. *Sala, M., *Shankar Ram, S., *Vanzhula, I.A., & **Levinson, C.A.** (March, 2019). *Mindfulness and eating disorder psychopathology: A meta-analysis*. Paper to be presented at the Academy of Eating Disorders, International Conference on Eating Disorders, New York, NY.
 39. *Vanzhula, I.A., Smith, T.W., **Levinson, C.A.**, Stice, E. (March, 2019). Personalized Networks of Eating Disorder Symptoms in High School Students: Targets for Individualized Treatments. Paper to be presented at the Academy of Eating Disorders, International Conference on Eating Disorders, New York, NY.
 38. **Levinson, C.A.**, *Sala, M. Murray, S., *Ma, J. Rodebaugh, T. L., Lenze, E.C. (Nov 2018). Correlates of Food Anxiety during a Short Course of Mealtime Exposure Therapy in Patients Diagnosed with an Eating Disorder. Paper to be presented at the Association for Behavioral and Cognitive Therapies, Washington D.C
 37. **Levinson, C.A.**, *Vanzhula, I.A., (Nov., 2018). Personalized Networks of Symptoms at Mealtime in Individuals With ED. Paper to be presented at the Association for Behavioral and Cognitive Therapies, Washington D.C
 36. *Brosf, L. C., *Vanzhula, I.A., *Shankar Ram, S. *Christian, C., *Michelson, L., & **Levinson, C.A.** (November, 2018). Interacting risk factors: Higher emotional impulsivity and lower maladaptive perfectionism is associated with higher bulimic symptoms. In L.C. Brosf: Transdiagnostic processes in eating disorders: How shared mechanisms can inform treatment. Paper to be presented at the Association for Behavioral and Cognitive Therapies, Washington D.C.
 35. *Brosf, L. C., *Vanzhula, I. A., & **Levinson, C. A.** (November, 2018). A combined latent variable and network model of eating disorder symptoms in two eating disorder measures. In S. Wang: Novel insights on eating disorder treatment and etiology from network and complexity science. Paper to be presented at the Association for Behavioral and Cognitive Therapies, Washington D.C.
 34. *Vanzhula I.A., *Christian, C., *Brosf, L. C., *Shankar Ram, S., *Michelson, L., **Levinson, C. A.** (Nov. 2018). Rumination and Lack of Mindful Awareness Prospectively Predict Eating Disorder Symptoms. Paper to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
 33. *Vanzhula, I.A., *Sala, M. **Levinson, C.A.** (Apr 2018). Improving Acting with Awareness May be the Key to Successful Mindfulness-Based Interventions for Eating Disorders. Paper to be presented at the International Conference on Eating Disorders, Chicago IL.
 32. **Levinson, C.A.** *Christian C., *Vanzhula, I. (Apr 2018). Development and Validation of the Eating Disorder Fear Questionnaire and Interview. Paper to be presented at the International Conference on Eating Disorders, Chicago IL.

31. **Levinson, C.A.**, *Vanzhula, I., *Michelson, L., *Fewell, L. (Apr 2018). Personalized Networks of Symptoms Vary Across Individuals with Eating Disorders Supporting Need for Individualized Treatments. Paper to be presented at the International Conference on Eating Disorders, Chicago IL.
30. **Levinson, C.A.**, *Fewell, L., *Brosf, L., *Fournier, L.C., Lenze, E.J. (Apr 2018). Concern Over Mistakes Prospectively Predicts Obsessive Compulsive Disorder and Anorexia Nervosa Symptoms in Eating Disorder Patients After Discharge from Intensive Treatment. Paper to be presented at the International Conference on Eating Disorders, Chicago IL.
29. **Levinson, C.A.**, Olatunji, B., *Calebs, B. (Nov., 17) *Ineffectiveness and Interoceptive Awareness as Core Eating Disorder Symptoms: A Network Analysis in an Inpatient Eating Disorder Sample*. In Erin Reilly (chair) Alternative Classification Systems within Eating Disorders: Insights from Innovative Methodological Investigations
28. **Levinson, C.A.**, *Calebs, B. (Nov, 2017) *The Relationship Between Eating Disorder Cognitions and Behaviors: Using Intraindividual Network Analysis To Identify Personalized Intervention Targets*. In Sarah David (chair). Intraindividual Network Analysis - Implications for Clinical Assessment and Individualized Treatment Planning. Paper presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
27. **Levinson, C.A.**, *Calebs, B.* Vanzhula, I., Brosf, L.C., Michelson, L.M., Fewell, L.K. (November, 2017). *A Trial of Online Imaginal Exposure Therapy for Eating Disorder Related Fears in Individuals with Anorexia Nervosa*. In Farrell, N (chair). A New Way Forward? Novel Applications of Exposure-Based Therapy in the Context of Eating Disorders. Paper presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
26. *Brosf, L. C., *Sala, M., Fernandez, K. C., & **Levinson, C. A.** (2017, November). *Body dissatisfaction moderates the relationship between social anxiety and exercise frequency: An ecological momentary assessment study*. In L.C. Brosf & M. Sala (chairs), Exercise and eating pathology. Paper presented at the annual conference of the Association for Behavioral and Cognitive Therapies.
25. *Sala, M., *Brosf, L.C., Rosenfield, D., Fernandez, K.C., & **Levinson, C. A** (November, 2017). *Exercise regulates anxiety and stress differently among individuals with higher and lower levels of disordered eating: An ecological momentary assessment study*. In Sala, M. & Brosf, L.C. (chairs), Exercise in individuals with disordered eating: How and for whom might it be beneficial? Paper presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
24. **Levinson, C.A.**, Calebs, B. (June, 2017). *The Relationship Between Eating Disorder Cognitions and Behaviors: Using Intraindividual Network Analysis To Identify Personalized Intervention Targets*. Paper to be presented at the Cognitive Network Science Meeting, Indianapolis, IN.
23. **Levinson, C.A.**, Sala, M., Fewell, L., Brosf, L.C., Fournier, L., Lenze, E.J. (June, 2017). *Mealtime Eating Disorder Cognitions Predict Eating Disorder Behaviors: A Mobile Technology Based Ecological Momentary Assessment Study*. Paper to be presented at the International Conference on Eating Disorders, Prague, Czech Republic.
22. **Levinson, C.A.**, Zerwas, S. C., Marcus, M., Kordy, H., Hamer, R.M., Hofmeier, S.M., Levine, M., Zimmer, B., Moesner, M., Peat, C., Runfola, C.D., Bulik, C.M. (October, 2016). *The Core Symptoms of Bulimia Nervosa, Anxiety, and Depression: A Network Analysis*. Paper to be presented at annual the meeting of Eating Disorder Research Society, New York, NY.
21. **Levinson, C.A.**, Fewell, L., Brosf, L.C. (October, 2016). *Using network analysis to explain eating disorder and obsessive compulsive symptom overlap*. Paper to be presented at annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
20. **Levinson, C.A.** Rodebaugh, T.L., Langer, J.K., White, E.K., Warren, C., Weeks, J.W., Menatti, A. Lim, M. Fernandez, KC. (November, 2015). *A network model of social anxiety and eating disorder symptoms*. In C.A. Levinson & J.K. Langer (chairs), Networks analysis: A symptom

- perspective of psychopathology. Paper to be presented at annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
19. **Levinson, C.A.**, Rodebaugh, T.L. *Cross-sectional and prospective relationships between fears of evaluation, perfectionism, and social anxiety and eating disorder risk*. In M. Lipton (chair), *Examining fears of evaluation across multiple domains of psychopathology*. Paper to be presented at annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
 18. **Levinson, C.A.**, Rodebaugh, T.L., Fewell, L., Kass, A., Riley, E.N., Stark, L., McCallum, K., Lenze, E.J. (November, 2015). *D-cycloserine facilitation of exposure therapy improves weight regain in patients with anorexia nervosa: A pilot randomized control trial*. In J. Vanderwal (chair), *Brief interventions for eating disorders*. Paper to be presented at annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
 17. **Levinson, C.A.**, Byrne, M. (March, 2015). *The Fear of Food Measure: A novel measure for use in exposure therapy for eating disorders*. Paper presented at the International Conference on Eating Disorders, Boston, MA.
 16. **Levinson, C.A.**, Byrne, M., Rodebaugh, T. L. (March, 2015). *Guilt and shame as shared risk factors For social anxiety and bulimic symptoms: Shame prospectively predicts both social anxiety and bulimic symptoms*. Paper presented at the International Conference on Eating Disorders, Boston, MA.
 15. **Levinson, C.A.**, Rodebaugh, T.L., Fewell, L., Kass, A., Riley, E.N., Stark, L., McCallum, K., Lenze, E.J. (March, 2014). *A double-blind clinical trial of exposure therapy in combination with d-cycloserine for food anxiety in patients with Anorexia and Bulimia Nervosa*. Paper presented at the International Conference on Eating Disorders, New York, NY.
 14. **Levinson, C.A.** (November, 2013). *Fear of negative evaluation leads to increased food intake and social appearance anxiety leads to state body dissatisfaction*. In A.R. Menatti & L. DeBoer (chairs). *Sociocultural influences of eating pathology: The roles of anxiety and social-evaluative concerns*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
 13. **Levinson, C.A.**, Rodebaugh, T.L. (November, 2013). *Maladaptive perfectionism and restraint interact to produce decreased eating after a stressful task*. In C. A. Levinson (chair), *The Price of Perfection: Perfectionism is a transdiagnostic factor across social anxiety, depression, and eating disorders*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
 12. **Levinson, C.A.**, Langer, J.K., Rodebaugh, T.L. (November, 2013). *Reactivity to Exclusion Prospectively Predicts Social Anxiety Symptoms in Young Adults*. In C. A. Levinson & J. K. Langer (chairs). *Peer Victimization and Emotional Reactivity: Risk Factors for Anxiety and Depression from Childhood to Early Adulthood*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN.
 11. **Levinson, C.A.**, Rodebaugh, T. L. (April, 2013). *Measurement of Avoiding and Fearing Rejection: A Core Extrusion Schema Predicts the Severity of Social Anxiety Disorder*. In A. Reilly (chair), *Keeping Current: Updating and Improving the Assessment of Social Anxiety Disorder and Related Constructs*. Symposium presented at the annual meeting of the Anxiety and Depression Association of America, San Diego, CA.
 10. **Levinson, C.A.**, Rodebaugh, T. L. (November, 2012). *Social appearance anxiety: A domain of social anxiety with implications for binge eating and obesity*. In A.R. Menatti (chair), *Heterogeneity in SAD: Expanding Conceptualizations*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
 9. Rodebaugh, T. L., **Levinson, C.A.**, Lenze, E. J. (November, 2012). *A Clinical Assay Detects the Effects of D-Cycloserine on Exposure and Rumination*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD. In T.

- L. Rodebaugh (chair), *Combining Behavior Change with Medication in the Treatment of Social Anxiety and Phobia: Pursuit of Principal Augmentation*.
8. Fernandez, K.C., Rodebaugh, T. L., **Levinson, C. A.** (November, 2012). *Testing the Effects of Social Anxiety Disorder on Friendship Quality: Considering Ethnicity*. In P. Anderson (chair), *Anxiety Disorders and their Treatment across Racial and Ethnic Groups: Similarities and Differences*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.
 7. **Levinson, C.A.**, Lawton, E., Fernandez, K. C. (February, 2012). *Teaching Mindfulness: The Fall 2011 PSC Mindfulness Group*. Talk given at Washington University Clinical Science Seminar, St. Louis, MO.
 6. **Levinson, C. A.**, Rodebaugh, T. L. (November, 2011). *The Role of Fear of Negative Evaluation and Social Appearance Anxiety in Social Anxiety and Disordered Eating Comorbidity*. In C. A. Levinson (chair), *Comorbid Anxiety and Disordered Eating: Research Findings and Implications for Treatment*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
 5. **Levinson, C. A.**, Fernandez, K. C., Rodebaugh, T. L. (November, 2011). *Profiling: Predicting Social Anxiety Using Facebook Profiles*. In C. A. Levinson & K. C. Fernandez (chairs), *Embracing the Digital Age: Methodological Innovations in the Study of Social Anxiety*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
 4. Menatti, A. R., **Levinson, C.A.** McGowan, M., Weeks, J.W. (November, 2011). *Exploring the Relationship between Social anxiety and Bulimic Symptoms: Mediation Effects of Perfectionism among Females*. In C. A. Levinson (chair), *Comorbid Anxiety and Disordered Eating: Research Findings and Implications for Treatment*. Symposium presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
 3. **Levinson, C. A.**, (January, 2011). *Post-traumatic Stress Disorder from Awareness During Surgery*. Case Conference talk given at Washington University Clinical Science Seminar, St. Louis, MO.
 2. **Levinson, C. A.**, (September, 2010). *Self-Discrepancy and Regulatory Focus Theory: Acculturation Matters*. Master's talk given at Washington University Clinical Science Seminar, St. Louis, MO.
 1. **Levinson, C. A.**, Fernandez, K. M., (April, 2010). *Social Anxiety and Online Social Networking a Closer Look at Facebook*. Research talk given at Washington University Clinical Science Seminar, St. Louis, MO.

WORKSHOPS AND INVITED TALKS

17. **Levinson, C. A.**, Moderator. (2021, June) Claudat, K., Becker, C. B., Tanofsky-Kraff, M, & Lydecker, J. A. How can the eating disorder field and weight management field best work together? ABCT Obesity and Eating Disorder Special Interest Group webinar
16. **Levinson, C. A.**, Discussant. Brown, M. L. (chair) (2021, November) *Here a fear, there a fear, everywhere an eating disorder fear: heterogeneity and treatment of eating disorder fears*. Symposium to be presented at the 55th annual convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
15. **Levinson, C. A.**, Discussant. Ralph-Nearman, C., Brown, T. A. (co-chairs) (2021, November). *Incorporating underexplored emotions and bodily experiences into eating disorder research and treatment*. Symposium to be presented at the 55th annual convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
14. **Levinson, C. A.**, Reilly, E., Keel, P., Chavez, M., MacDonald, A., & Kreuger, R. Increasing the Impact and Funding for Eating Disorder Research. ABCT Obesity and Eating Disorder Special Interest Group and the Academy for Eating Disorders Early Investigators Special Interest Group Webinar (October 2020)
13. **Levinson, C.A.**, Vanzhula, I.A. An Introduction to Network Analysis: Focus on Eating Disorders. Academy for Eating Disorders Webinar (March 2020)

12. **Levinson, C.A.**, (Nov. 2018). Clinical Roundtable 3 - Borrowing Wisdom from the Anxiety Field: How Lessons Learned in the Exposure-Based Treatment of Anxiety Disorders Can Advance the Eating Disorders Field. Roundtable to be presented at the Association for Behavioral and Cognitive Therapies, Washington D.C
11. **Levinson, C.A.** (Oct. 2018). Detection, Assessment, and Specialty Resources for Eating Disorders. University of Louisville, Department of Psychiatry, Grand Rounds.
10. **Levinson, C.A.** (Nov. 2018). Discussant. Wang, S., Novel Insights on Eating Disorder Treatment and Etiology from Network and Complexity Science. Symposium to be presented at the Association for Behavioral and Cognitive Therapies, Washington D.C
9. **Levinson, C.A.** (April 2018). The Psychological Treatment of Eating Disorders. Kentucky Annual Nutrition and Dietetics Conference. Louisville, KY.
8. **Levinson, C.A.** (Feb. 2018). Eating Disorders and their Treatment. Bellarmine University Invited Talk.
7. **Levinson, C.A.**, (Jan. 2018). Beer with a Scientist.
6. *Sala, M., *Vanzhula, I., Juarascio, A., Vazzano, K., & **Levinson, C.A.** (April, 2018). Incorporating mindfulness into eating disorder research and treatment. Workshop to be presented at the International Conference on Eating Disorders, Chicago IL.
5. **Levinson, C.A.**, (Dec. 2017). Meet the Professor Talk, University of Louisville University Club.
4. **Levinson, C.A.**, Discussant. Sala, M. & Brosol, L.C. (chairs), Exercise in individuals with disordered eating: How and for whom might it be beneficial? Symposium presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
3. **Levinson, C.A.**, Keynote Speaker. Louisville National Eating Disorder Alliance Walk (Sep. 2017)
2. **Levinson, C.A.**, Koppersmith, N. (Nov., 2017). Optimizing Mental Health and Nutrition Care of Eating Disorder Clients in the Outpatient Setting. Workshop presented at the Kentucky Psychological Association.
1. **Levinson, C.A.**, (Feb., 2017). What Factors Impair Learning in Anorexia Nervosa: Using Technology for Assessment and Novel Treatment Development. Grand Rounds University of Kentucky Department of Psychiatry.

ABSTRACT PRESENTATIONS AT NATIONAL CONFERENCES

*graduate student author**undergraduate student

101. *Keshishian, A. C., *Williams, K. & **Levinson, C. A.** (2021, September). *Self-compassion moderates the relationship between post-traumatic stress disorder and eating disorder severity in Black women.* Poster presented at the 27th Annual Eating Disorders Research Society meeting, Boston, MA.
100. *Christian, C., & **Levinson C.A.** (2021, September). *Social and self-evaluative factors influence the relationship between eating disorder symptoms and depressive symptoms during pregnancy.* Poster to be presented at the annual meeting of the Eating Disorder Research Society, Boston, MA.
99. Sala, M., & Levinson, C.A. (September, 2021). *The association between trait mindfulness and body checking.* Poster presentation at the annual meeting of the Eating Disorder Research Society, Boston, MA.
98. *Cusack, C. E., Ralph-Nearman, C., *Christian, C., & **Levinson, C. A.** (2021, September). *Depressive, anxiety, and eating disorder symptom dynamics: A time-intensive, idiographic approach to exploring depression heterogeneity.* Poster to be presented at Treatment Selection Idea Lab's Two Days of Precision Medicine in Mental Health Conference, Trier, Germany (virtual due to COVID-19).
97. **Ngo, B., *Brosol, L.C., & **Levinson C. A.** (2021, November). *Shame is the shared maintenance factor in an eating disorder-anxiety symptom comorbidity model in female adolescents.* Poster to be presented at Association of Behavioral and Cognitive Therapies, New Orleans, LA.

96. *Brosof, L. C., **Ngo, B., & **Levinson C. A.** (2021, November). *Shared and Unique Maintenance Factors of Comorbid Eating Disorder-Anxiety Symptoms in Female Adolescents*. Poster to be presented at Association of Behavioral and Cognitive Therapies, New Orleans, LA.
95. **Sandoval-Araujo, L.E., & **Levinson, C.A.** (2021, November) *Shame, guilt, and pride moderate the relationship between social appearance anxiety and eating disorder symptoms*. Poster to be presented at the annual conference for the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
94. *Cusack, C. E., & **Levinson, C. A.** (2021, November). *Characterizing Eating Disorder Specific Interoceptive Concerns Among Individuals with Anorexia Nervosa, Bulimia Nervosa, and Other-Specified Feeding and Eating Disorder*. Poster to be presented at the Association for Behavioral and cognitive Therapies, New Orleans, LA.
93. *Cusack, C. E., *Vanzhula, I. A., & **Levinson, C. A.** (2021, November). *Interoceptive Sensitivity Among Individuals with Eating Disorders: How do specific interoceptive concerns relate to Eating Disorder Symptoms?* Poster to be presented at the Association for Behavioral and cognitive Therapies, New Orleans, LA.
92. *Williams, B. M., Ralph-Nearman, C., & **Levinson, C. A.** (2021, November). *Investigating clinical perfectionism in a transdiagnostic eating disorder sample using network analysis*. Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
91. **Spoor, S.P., *Vanzhula, I.A., **Ernst, S.E., Farrell, N.R., Essayli, J.H., & **Levinson, C.A.** (2021, November). *Evaluating the psychometric properties of the fear of food measure among adolescents in treatment for an eating disorder*. Poster to be presented at the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
90. *Brown, M.L., & **Levinson, C.A.** (2021, November). *What are the core eating disorder fears? An examination of prevalence rates of eating disorder fears in individuals with an eating disorder diagnosis?* Poster to be presented at the Annual International Conference on Eating Disorders, Virtual.
89. **Ngo, B., *Keshishian, A. C., & **Levinson, C. A.** (2021, June). *A network analytic investigation of eating disorder and attention-deficit/hyperactivity disorder symptoms*. Poster to be presented at the 2021 International Conference on Eating Disorders.
88. *Keshishian, A. C., Nahid, R., *Christian, C., & **Levinson, C. A.** (2021, June). *Eating disorder and social anxiety symptoms in Iranian preadolescents: A network analysis*. Poster to be presented at the 2021 International Conference on Eating Disorders.
87. **Drake, J.E., *Christian, C., & **Levinson, C.A.**, (2021). *Dimensions of Emotion Regulation Difficulties are Shared and Unique Vulnerabilities for Eating Disorder and Posttraumatic Stress Disorder Symptoms*. Poster to be presented at the annual International Conference on Eating Disorders (virtual due to COVID-19).
86. *Christian, C., **Levinson C.A.** (June, 2021) *The influence of emotional avoidance on response to imaginal exposure fear scripts in individuals with low and high eating disorder symptoms*. Poster to be presented at the Virtual International Conference of Eating Disorders.
85. **Drake, J. E., *Christian, C., & **Levinson, C. A.** (Jan. 2021). *A Network Investigation of Eating Disorder Symptoms and Risk Factors Before and After a Prevention Program in Adolescent Girls*. Poster to be presented at the National Collegiate Research Conference, Harvard University, MA.
84. **Roberts, E. G., *Williams, B. M., Levinson, C. A. (in press). Exploring mindfulness as an illness pathway between eating disorder and post-traumatic stress disorder symptoms. *Grawemeyer Colloquium Papers*.

83. *Shankar Ram, S., *Williams, B. W., *Ortiz, S. N., *Forrest, L. N., Magee, J., **Levinson, C.A.**, & Smith, A.R. (Oct. 2020). *A Network Analysis of Eating Disorder Related Intrusive Thoughts, Eating Disorder and Obsessive-Compulsive Disorder Symptoms*. Poster to be presented at the annual meeting of the Eating Disorder Research Symposium, Boston, MA.
82. *Vanzhula, I.A. & **Levinson, C.A.** (Oct. 2020). *Individuals high in eating disorder symptoms benefit the most from a combination of mindful breathing and mindful eating practices*. Poster to be presented at the annual virtual meeting of the Eating Disorder Research Society.
81. *Williams B. M., & **Levinson, C. A.** (October, 2020). *Maladaptive perfectionism and intolerance of uncertainty as maintenance factors for eating disorders and obsessive-compulsive disorder*. Poster to be presented at the annual meeting of the Eating Disorder Research Society Virtual Meeting.
80. *Hunt, R.A. & **Levinson, C.A.** (2020, October). *Fasting is uniquely associated with suicidal ideation, suicidal behaviors, and past suicide attempts in a mixed eating disorder sample*. Poster to be presented at the Eating Disorder Research Society 2020 Virtual Meeting.
79. *Keshishian, A. C., *Christian, C., Peiper, N., & **Levinson, C. A.** (2020, November). *A Network Analysis Investigation of Disordered Eating across Demographic and Regional Subpopulations Using a National Epidemiological Sample*. Poster to be presented at 54th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
78. *Hunt, R.A. & **Levinson, C.A.** (2020, November). *Momentary changes in social-evaluative fears predict eating disorder and social anxiety symptoms*. Poster to be presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
77. **Spoor, S.P., *Vanzhula, I.A., *Michelson, L.P., & **Levinson, C.A.** (2020, November). *The eating pathology symptom correlates of gender performativity in a cisgender sample*. Poster to be presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania
76. **Ernst, S. E., *Vanzhula, I.A, **Levinson, C. A.** (2020, November). *Perfectionism Predicts Exercise Dependency over Time in Adolescent Females*. Poster to be presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
75. **Drake, J. E., *Christian, C., & **Levinson, C. A.** (November, 2020). *Social Appearance Anxiety is Strongly Related to Eating Disorder Symptoms regardless of Age in both Clinical Eating Disorder and Nonclinical Cases*. Poster to be presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
74. *Keshishian, A. C., *Christian, C., Peiper, N., **Levinson, C. A.** (2020, May). *A Network Analysis Investigation of Disordered Eating across Demographic and Regional Subpopulations Using a National Epidemiological Sample*. Poster to be presented at 32nd Association for Psychological Science Annual Convention, Chicago, IL.
73. **Ernst, S. E., **Spoor, S. P., *Williams, B. M., **Levinson, C.A.** (2019, November). *Using Network Analysis to Assess Change in Core Symptoms Before and After the Body Project Intervention in Adolescent Females*. To be Presented at the Association for the Behavioral and Cognitive Therapy Obesity and Eating Disorder Special Interest Group Exposition. Atlanta, GA.
72. *Hunt, R.A., Peiper, N.C., **Levinson, C.A.** (2019, November). *An examination of the clustering of weight control and suicide behaviors among early adolescents: associations with substance use, violence, and victimization*. Poster to be presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies. Atlanta, GA.
71. **Spoor, S.P., **Ernst,S.E., *Vanzhula, I.A., & **Levinson, C.A.** (November, 2019). *Testing the Psychometric Properties of the Fear of Food Measure in a Female Adolescent Sample*. Poster to be presented at the Association for Behavioral and Cognitive Therapies, Atlanta, Georgia
70. *Vanzhula, I.A., * Christian, C., *Jones, P., *Brosof, L.C., Forbush, K., Smith, K., Tregarthen, J., Farrell, N.A., & **Levinson, C.A.** (2019, Sept). *Replicability of Eating Disorder Psychological Networks in Five Samples: Conceptual and Methodological Considerations*. Poster to be presented at the annual meeting of the Eating Disorder Research Society in Chicago, IL

69. *Williams, B. M., & **Levinson, C. A.** (November 2019). *Are negative self-beliefs a shared vulnerability for eating disorders and social anxiety?* Poster to be presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
68. *Williams, B. M., *Vanzhula, I., **Chapman, L., & **Levinson, C. A.** (November 2019). *Emotional avoidance and guilt are core symptoms during mealtimes among individuals with eating disorders.* Poster to be presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
67. **Shankar Ram, S., *Vanzhula, I. A., & **Levinson, C. A.** (Nov. 2019). *Bridge symptoms between obsessive-compulsive disorder and eating disorders in individuals with eating disorders.* Poster to be presented at annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
66. *Vanzhula, I.A., **McCloud, M., & **Levinson, C.A.** (Nov. 2019). *Trait Mindfulness Increases During Exposure Therapy for Eating Disorders.* Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA
65. *Vanzhula, I.A., *Perko, V., Forbush, K., Tregarthen, J., **Levinson, C.A.**, (March, 2019). *Core Symptoms of Eating Disorders: Variability Across Eating Disorder Diagnoses and Assessment Instruments.* Poster to be presented at the International Conference on Eating Disorders, New York, NY.
64. *Vanzhula, I.A., **Witten, J., & **Levinson, C.A.** (March, 2019). *Shame Moderates the Relationship between Eating Disorder Cognitions and Depression.* Poster to be presented at the International Conference on Eating Disorders, New York, NY.
63. *Brosof, L.C., **Knight, L., *Hunt, K.J., **Levinson, C.A.**, & Depue, B. (March 2019). *Imaginal exposure eating disorder fear scripts are associated with increased activation related to threat and internally processed thought compared to neutral scripts: A proof-of-concept fMRI study.* Poster to be presented at the International Conference of Eating Disorders, New York, NY.
62. *Brosof, L. C., & **Levinson, C. A.** (2019, March). *Manipulating concern over mistakes increases restrictive eating: An experimental test of the impact of perfectionism on eating behaviors.* Poster to be presented at the International Conference of Eating Disorders, New York, NY.
61. *Sala, M., *Brosof, L. C., & **Levinson, C.A.** (March, 2019). *Rumination predicts eating disorder behaviors: An ecological momentary assessment study in a clinical eating disorder sample.* Poster to be presented at the Academy of Eating Disorders, International Conference on Eating Disorders, New York, NY.
60. Peat, C.M, *Vanzhula, I.A., **Levinson, C.A.**, Mitchell, J.E. (Oct. 2018). *Predicting weight loss, disordered eating, and quality of life outcomes in LABS-2 patients using a network analysis approach.* Paper to be presented at the annual Eating Disorder Research Society, Sidney, Australia.
59. *Shankar Ram, S., *Christian, C., & **Levinson, C. A.** (Nov. 2018). *Shared Vulnerabilities and Associations between Fear of Negative Evaluation, Social Anxiety, Eating Disorder Symptoms and Obsessive-Compulsive Symptoms.* Paper to be presented at the annual Obesity and Eating Disorders Special Interest Group (OED-SIG) Exposition of the Association for Behavioral and Cognitive Therapies, Washington, DC.
58. **Coale, K., *Vanzhula, I. A., *Christian, C., & **Levinson, C. A.** (November 2018). *Shame, Fear of Food, and Fear of Weight Gain Uniquely Relate to Eating Disorder Psychopathology.* Poster presented at the Association for Behavioral and Cognitive Therapies convention in Washington, DC.
57. *Brosof, L. C., **Ngo, B., & **Levinson, C. A.** (November, 2018). *Social Appearance Anxiety Moderates the Relationship Between Thin Ideal Internalization and Eating Disorder Symptoms.* Poster to be presented at the Association for Behavioral and Cognitive Therapies, Washington D.C.
56. *Brosof, L. C., **Adams, W. B., & **Levinson, C. A.** (November, 2018). *Maladaptive perfectionism*

- uniquely contributes to eating disorder impairment.* Poster to be presented at the Association for Behavioral and Cognitive Therapies, Washington D.C.
55. *Vanzhula I.A., *Christian, C., *Perko, V., **Levinson, C.A.**, Forbush, K., Tregarthen, J. (Nov. 2018). *Core Symptoms of Eating Disorders: Using Network Analysis to Examine Variability Across Eating Disorder Diagnoses.* Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
 54. *Vanzhula I.A., *Sala, M., *Christian, C., **Levinson, C.A.** (Nov. 2018). *Avoidance Predicts Lower Anxiety in the Short-term but Increased Eating Disorder Symptoms over Time.* Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
 53. *Christian, C., **Levinson, C. A.** (Nov. 2018). *Shared and Unique Vulnerabilities for Alcohol Abuse and Binge Eating.* Poster to be presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
 52. *Vanzhula, I A., **Coale, K., & **Levinson, C. A.** (Apr. 2018). *Shame and Guilt May be The Key to Understanding and Treating Comorbid Depression and Eating Disorders.* Poster to be presented at the Anxiety and Depression Association of America, Washington D. C.
 51. *Brosof, L. C., *Vanzhula, I., *Caroline, C., & **Levinson, C. A.** (2018, April). *Concern over mistakes connects social anxiety and eating disorder symptoms: A network analysis.* Poster to be presented at the Anxiety and Depression Association of America, Washington D. C.
 50. *Brosof, L.C., *Vanzhula, I.A., *Christian, C., **Levinson, C.A.** (Apr. 2018). *Concern Over Mistakes Connects Social Anxiety and Eating Disorder Symptoms: A Network Analysis.* Poster to be presented at the Association for Anxiety and Depression, Washington, D.C.
 49. *Vanzhula, I.A., **Coale, K., **Levinson, C.A.** (Apr. 2018). *Shame and Guilt May be The Key to Understanding and Treating Comorbid Depression and Eating Disorders.* Poster to be presented at the Association for Anxiety and Depression, Washington, D.C.
 48. *Vanzhula, I.A., *Christian, C., *Calebs, B., **Levinson, C.A.** (Apr. 2018). *Irritability and Concentration Difficulties Link Eating Disorder and PTSD Symptoms: Understanding Comorbidity With Network Analysis.* Poster to be presented at the International Conference of Eating Disorders, Chicago, IL.
 47. **Levinson, C.A.**, *Brosof, L.C., *Vanzhula, I.A., Bumberry, L., Zerwas, S., Bulik, C.M. (Apr 2018). *Perfectionism Group Treatment for Eating Disorders in an Inpatient, Partial Hospitalization, and Outpatient Setting: Preliminary Support for Reducing High Standards but not Concern Over Mistakes.* Poster to be presented at the International Conference on Eating Disorders, Chicago IL.
 46. *Ma, J., **Levinson, C.A.** (Apr 2018). *The Effect of Manipulating the Theoretical Framing of Exposure Therapy for Eating Disorders on Clinicians' Treatment Preferences.* Poster to be presented at the International Conference on Eating Disorders, Chicago IL.
 45. *Ma, J., *Sala, M., Rodebaugh, T., Lenze, E.C., **Levinson, C.A.** (Apr 2018). *Correlates of Food Anxiety during a Meal in Patients Diagnosed with an Eating Disorder.* Poster to be presented at the International Conference on Eating Disorders, Chicago IL.
 44. *Sala, M. & **Levinson, CA.** (2018, April). *A Longitudinal Study on the Association Between Facets of Mindfulness and Disinhibited Eating.* Poster to be presented at the International Conference on Eating Disorders, Chicago IL.
 43. *Brosof, L. C. & **Levinson, C. A.** (April 2018). *Guilt, Shame, and Fear of Weight Gain are Bridge Symptoms Between Negative Affect and Eating Disorder Symptoms.* Poster to be presented at the International Conference of Eating Disorders, Chicago, IL.
 42. *Brosof, L. C., **Levinson, C. A.**, Goodman, E., Schaumberg, K., Bulik, C., Micali, N., & Zerwas, S. (April 2018). *Purging is a bridge symptom in a network model of eating disorder and obsessive-compulsive symptoms.* Poster to be presented at the International Conference of Eating Disorders, Chicago, IL. 41. 41.

41. *Brosf, L. C., *Lee, A. H., & **Levinson, C. A.** (2017, November). *Higher personal standards but not evaluative concerns perfectionism moderates the relationship between intolerance of uncertainty and eating disorder symptoms cross-sectionally and prospectively over two weeks.* Poster to be presented at the annual conference of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
40. *Brosf, L. C. & **Levinson, C. A.** (2017, November). *Gender matters: The roles of perfectionism, shame, and pride are different for eating disorder symptoms in males versus females.* Poster to be presented at the annual conference of the Association for Behavioral and Cognitive Therapies, San Diego, CA.
39. *Michelson, L.P., *Brosf, L.C., *Fewell, L.K., **Levinson, C.A.** (Nov, 2017). *Age Moderates the Relationship between Fear of Food and Eating Disorder Symptoms.* Poster to be presented at the 51st Association for Behavioral and Cognitive Therapies convention in San Diego, CA.
38. *Fewell, L.K., Nickols, R., Schlizter Tierney, A., and **Levinson, C.A.** (Nov, 2017). *Athletes and Eating disorders: Does a specialized treatment for athletes with eating disorders result in different eating disorder outcomes?* Poster to be presented at the 51st Association for Behavioral and Cognitive Therapies convention in San Diego, CA.
37. *Vanzhula, I. A. & **Levinson, C. A.** (Nov., 2017). *Shared Vulnerabilities for Social Anxiety, Binge Eating, and Obesity.* Poster accepted to present at the 2017 Annual Meeting of the Association for Cognitive and Behavioral Therapies, San-Diego, CA.
36. *Calebs, B. J. & Levinson, C. A. (Nov., 2017). *The relationship between cultural self-construal and Anxiety symptoms: A network analysis.* Poster accepted to present at the 2017 Annual Meeting of the Association for Cognitive and Behavioral Therapies, San-Diego, CA.
35. *Calebs, B., **Levinson, C.** (April 2017). *Eating Disorder and Post-traumatic Stress Disorder Symptoms in a Clinical and Non-clinical Sample: Understanding Comorbidity through Network Analysis.* Poster to be presented at the Anxiety and Depression Association of America. San Francisco, CA.
34. *Brosf, L.C., **Levinson, C.A.** *Fewell, L. (June, 2017). *Exercise Addiction: Exploring the contribution of exercise dependence to eating disorder symptoms.* Poster to be presented at the International Conference on Eating Disorders, Prague, Czech Republic.
33. Peat, C., Thornton, L.M., Smith, T.W., **Levinson, C.A.**, Larsson, H., Birgegard, A., Bulik, C.M. (June, 2017). *Using Network Analysis to Elucidate the Relationships Among Binge-Eating Disorder Symptoms and Associated Psychopathology.* Poster to be presented at the International Conference on Eating Disorders, Prague, Czech Republic.
32. *Brosf, L.C., **Levinson, C.A.** (October, 2016). *Testing for Ethnic Invariance Between Asian and European Americans in a Six Month Prospective Model of Social Anxiety and Eating Disorder Comorbidity.* Association for Behavioral and Cognitive Therapies, New York, NY.
31. *Brosf, L.C., **Levinson, C.A.** (October, 2016). *Replicating and Extending a Maintenance Model of Binge Eating in a Longitudinal, Four Wave Study across Four Weeks.* Association for Behavioral and Cognitive Therapies, New York, NY.
30. *Fewell, L., **Levinson, C.A.**, Stark, L (October, 2016). *Depression, Worry, and Psychosocial Functioning Predict Eating Disorder Treatment Outcomes in a Residential and Partial Hospitalization Setting.* Association for Behavioral and Cognitive Therapies; Obesity and Eating Disorder Special Interest Group, New York, NY.
29. **Levinson, C.A.**, Zerwas, S. C. , ...Bulik, C. M. (May, 2016). *Associations between the Core Dimensions of Anorexia Nervosa and Obsessive-Compulsive Disorder: An Examination of Personality and Psychological Factors.* International Conference on Eating Disorders, San Francisco, CA.
- 28.*Sala, M., **Levinson, C.A.** (May, 2016). *The Longitudinal Relationship Between Worry and Disordered Eating: Is Worry a Precursor or Consequence of Disordered Eating?* International Conference on Eating Disorders, San Francisco, CA.

*denotes student supervisee author

27. *Brosf, L.C., **Levinson, C.A.** (Nov, 2015). *Social Appearance Anxiety is the Domain of Social Anxiety that Predicts Binge Eating over Time*. Association for Behavioral and Cognitive Therapies, Chicago, IL.

*denotes student supervisee author

26. *Brosf, L.C., **Levinson, C.A.** (May, 2015). *Social Appearance Anxiety Mediates the Relationship Between Concern Over Mistakes and Binge Eating: A Six-Month Three Wave Longitudinal Study*. Association for Psychological Sciences. New York, NY.

*denotes student supervisee author

25. *Byrne, M. **Levinson, C.A.**, Rodebaugh, T.L. (November, 2014). *Role of State Shame and Guilt in Social Anxiety, Bulimic, and Obsessive-Compulsive Symptoms*. Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

*denotes student supervisee author

24. *Byrne, M. **Levinson, C.A.**, Rodebaugh, T.L. (November, 2014). *The Role of Shame and Guilt in Social Anxiety and Bulimic Symptoms Over Time*. Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

*denotes student supervisee author

23. *Piccirillo, M., **Levinson, C.A.**, Rodebaugh, T.L. (November, 2013). *Exploring the Impact of Urbanicity on the Prevalence of Anxiety and Mood Disorders in two Epidemiological Datasets*. Association for Behavioral and Cognitive Therapies. Nashville, TN.

*denotes student supervisee author

22. Weisman, J., Fernandez, K.C., **Levinson, C.A.**, Rodebaugh, T. L. (November, 2013). *Diminished Trait Positive Affect May Enhance the Efficacy of A Positive Mood Induction During A Public Speaking Task*. Association for Behavioral and Cognitive Therapies. Nashville, TN.

21. **Levinson, C.A.**, Rodebaugh, T. L., (November, 2012). *Social Appearance Anxiety may be a Pathway between Perceived Flaws in Appearance and Body Dissatisfaction and Social Anxiety Symptoms Over Time*. Association for Behavioral and Cognitive Therapies. National Harbor: MD.

20. *Riley, E., **Levinson, C. A.**, Rodebaugh, T. L. (November, 2012). *Does Social Appearance Anxiety and Maladaptive Perfectionism Predict Restrained Eating Over Time?*. Association for Behavioral and Cognitive Therapies. National Harbor: MD.

*denotes student supervisee author

19. *Kaplan, S.C., **Levinson, C.A.**, Rodebaugh, T. L., (November, 2012). *Social Anxiety and the Big Five Personality Traits: The Interactive Relationship of Trust and Openness*. Association for Behavioral and Cognitive Therapies. National Harbor: MD.

*denotes student supervisee author

18. *McCord, B., Rodebaugh, T. L., **Levinson, C.A.** (November, 2012). *Social Anxiety on Facebook*. Association for Behavioral and Cognitive Therapies. National Harbor: MD.

*denotes student supervisee author

17. **Levinson, C. A.**, Rodebaugh, T. L. (November, 2011). *Social Appearance Anxiety, Fear of Negative Evaluation, and Health: The Relationship with Obesity and Body Image*. Association for Behavioral and Cognitive Therapies. Toronto: Canada.

16. **Levinson, C. A.**, Rodebaugh, T. L., Menatti, A., Weeks, J.W. (November, 2011). *Development and Validation of the Social Exercise Self-efficacy Measure: Assessing Fears of Social Exercise*. Association for Behavioral and Cognitive Therapies. Toronto: Canada.

15. **Levinson, C. A.**, *Johnson, S. B., Rodebaugh, T. L. (November, 2011). *Talking about Ethnic Identity Decreases State Anxiety*. Association for Behavioral and Cognitive Therapies. Toronto: Canada.

*denotes student supervisee author

14. **Levinson, C. A.**, Balsis, S., Rodebaugh, T. L., Brown, P. J., Heimberg, R. G., Lenze, E. J. (November, 2011). *The items of the Penn State Worry Questionnaire Function Differently in Older Adults*. Association for Behavioral and Cognitive Therapies. Toronto: Canada.

13. **Levinson, C. A.**, Langer, J. K., Rodebaugh, T. L., (November 2011). *Peer Victimization: A Risk Factor for Social Anxiety in Young Adults?* Association for Behavioral and Cognitive Therapies. Toronto: Canada.
12. Fernandez, K. C., **Levinson, C. A.**, Rodebaugh, T. L. Menatti, A., Weeks, J. W., (November 2011). *Social Anxiety, Internet Use, and Facebook*. Association for Behavioral and Cognitive Therapies. Toronto: Canada.
11. **Levinson, C. A.**, Fernandez, K. C., Rodebaugh, T. L. (April 2011). *Social Appearance Anxiety Mediates and Moderates the Relationship Between Loneliness and Eating Dysfunction*. International Conference on Eating Disorders, Miami: FL.
10. **Levinson, C. A.**, Rodebaugh, T. L. (November 2010). *Social Anxiety and Body Image Disorders: What Role Does Social Appearance Anxiety Play?* Association for Behavioral and Cognitive Therapies, San Francisco: CA.
9. **Levinson, C.A.**, Rodebaugh, T. L. (November 2010). *The Social Appearance Anxiety Scale: A Valid Measure of Social Appearance Anxiety*. Association for Behavioral and Cognitive Therapies, San Francisco: CA.
8. **Levinson, C. A.**, Rodebaugh, T. L. (November, 2010). *Independent/ Interdependent Self-Construal, Collectivism, and Individualism: What do these Cultural Variables mean for Psychopathology?* Association for Behavioral and Cognitive Therapies, San Francisco, CA.
7. **Levinson, C.A.**, Rodebaugh, T. L. (November, 2010). *Ought, Ideal, and Undesired Self-Discrepancies: Are there Ethnic Differences?* Association for Behavioral and Cognitive Therapies, San Francisco, CA.
6. **Levinson, C.A.**, Langer, J.K., Rodebaugh, T. L. (November, 2010). *The Relationship between Self-Construal and Social Anxiety: Mediated and Moderated by Personality*. Association for Behavioral and Cognitive Therapies, San Francisco, CA.
5. **Levinson, C.A.**, Rodebaugh, T.L., Fernandez, K. (November, 2009). *Ethnic Identity: Protective Factor for Internalizing Disorders?* Association for Behavioral and Cognitive Therapies, New York: NY.
4. **Levinson, C.A.**, Rodebaugh, T.L., Fernandez, K. (November, 2009). *Gender Differences in the Social Appearance Anxiety Scale*. Association for Behavioral and Cognitive Therapies, New York: NY.
3. Shumaker, E.A., Rodebaugh, T.L., **Levinson, C.A.** (November 2009). *Psychological Functioning Across the First Semester of College*. Association for Behavioral and Cognitive Therapies, New York: NY.
2. **Levinson, C.A.**, Rodebaugh, T.L., Frye, T. (May, 2009). *The Behavioral Inhibition and Activation System Scales: Convergent and Discriminant Validity*. Association for Psychological Sciences, San Francisco, CA.
1. **Levinson, C.A.**, Smith, G.T. (May, 2008). *Culturally Specific Standards of Beauty: Appearance Dissatisfaction in Japanese and Caucasian Women*. National Conference of Undergraduate Research, Salisbury, MD.

TEACHING

Professor (Fall 2017, 2018; 2019; Spring 2018, 2019; Summer 2018, 2019)
 Clinical Practicum, University of Louisville
Adjunct Professor, University of Memphis
Professor (Fall 2017). Advanced Psychopathology, University of Louisville
Professor (Spring 2017, 2018, 2019). Graduate Interventions II, University of Louisville
Professor (Fall 2016). Writing Intensive Eating Disorders Research & Treatment
 University of Louisville
Instructor (Summer 2011). Abnormal Psychology
 Washington University: University College
Washington University Teaching Citation (completed April 2014)

This is a program sponsored by the Teaching Center for completing three distinct supervised and evaluated teaching experiences, attending six advanced workshops on teaching, and completing a teaching philosophy statement.

Undergraduate Research Mentor (August 2011-current)

I have mentored several student supervisee authors on independent projects and posters from data I have collected. These projects have resulted in poster presentations and authorship on manuscripts.

APL Discussion Leader (Fall 2008-Spring 2013)

I taught a research discussion section for student supervisee authors in the Anxiety and Psychotherapy Laboratory. Constructed syllabi and led weekly discussions on current research.

Introduction to Biological Psychology (Fall 2011). Teaching Assistant

Statistics (Fall 2009). Teaching Assistant

I taught review sessions, constructed exam questions, and lectured on correlation and multiple regression.

Introduction to Social Psychology (Spring 2009). Teaching Assistant

I constructed exam questions, held office hours to answer student questions, and provided support to the instructor.

Washington University Practicum in Teaching (Summer 2009)

UK 101 Peer Instructor (Fall 2005)

I taught an introductory freshmen class designed for first semester freshmen to learn skills for success in college. I taught classes on topics such as study skills, alcohol education, and how to use the library.

MENTORSHIP & SUPERVISION

Post-doctoral Fellows Supervised

Dr. Christina Ralph-Nearman (2020-)

Dissertations Supervised

Stephanie McDonough (2018)

Irina Vanzhula (Chair: defended 2020)

Nicholas Fogelmann (2019)

Collette Gramszlo (2019)

Patrick Goh (University of Kentucky)

Katerina Stratigis (Spalding University, 2019)

Han Tran (University of Memphis, 2021)

Leigh Brosos (Chair: expected 2021)

Graduate Students Mentored

Leigh Brosos

Irina Vanzhula

Katerina Stratigis (Spalding University)

Jackie Ma

Benjamin Calebs

Caroline Christian

Brenna Williams

Ani Keshishian

Rowan Hunt

Mackenzie Brown

Graduate Student Therapists Supervised

Katerina Stratigis
Heather Davis
Irina Vanzhula
Leigh Brosof
Allison Hicks
Diana Digasboro
Kelly Slaughter
Caroline Christian
Brenna Williams
Jacinta Dickens
Meaghan Flynn
Jessica Dowell
Zoe Bridges-Curry

Summer Research Opportunity Program & Summer Mentees

Caroline Christian (SROP Summer 2017)
Sarah Ernst (SROP Summer 2019)
Valerie Wong (SROP Yale: Summer 2019)
Mikayla Curtis (Duke, Summer 2019)
Kylee Wong (Puget Sound, Summer 2019)

Undergraduate Honors Theses

Sarah Ernst (2020)
Jordan Drake (2021)

Undergraduate Students Mentored (for more than a year)

Samantha Melton
William Adams
Alexandra Chamber-Hicks
Sarah Bewley
Caroline Christian
Sarah Ernst
Lindsay Chapman
Jessica Witten
Christopher Trombley (engineering)
Madeline McCloud
Emily Ryan
Dylan Hurst
Breanna Walker
Kayla Hicks
Jordan Drake

MEDIA APPEARANCES AND NEWS ARTICLES

Picture Blurrfect: [June 23, 2021](#): *The Alarming Rise of Eating Disorders in Young People*
Sirius XM Dr. Radio: May 18th, 2021: Joined for an interview.
UofL News: [April 21, 2021](#): *New UofL program helps ‘ascending star’ researchers shine brighter*
HealthCast: [Feb 22, 2021](#): *NIMH, NEDA's Innovation in Eating Disorder Treatment, Awareness*
Spectrum News 1: [Mar 2, 2020](#): *Kentucky Eating Disorder Bill Aims to Bring Awareness to the “Silent Epidemic”*

Sirius XM Dr. Radio: Feb 18, 2020: Joined as guest speaker.
 WHAS Live: Feb 5, 2020: *Eating Disorder Treatment Bill Moves in Senate*
 Courier Journal: [Feb 26, 2019](#): *Kentucky Lacks Access to Eating Disorder Treatment, But This Professor is Changing That*
 UofL Today: [Oct 26, 2018](#): *Eating Disorders Need Personalized Treatment, UofL Researchers Say*; [June 15, 2018](#): *UofL Using Technology to Treat Eating Disorders*; [January 9, 2018](#): *Beer with a Scientist: Can technology be used to treat eating disorders?*; [April 3, 2020](#): *UofL psychologist has high hopes for new statewide council*
 Louisville Magazine: [Feb 7, 2018](#): *Louisville is Awful at Treating Eating Disorders. Can This Scientist Change That?*

UNIVERSITY SERVICE	Faculty Search Committee (Oct 2020-Feb 2021) Faculty Advisor, Body Project RSO (Oct 2018-) Clinical Practicum Guidelines Committee (Oct 2017-) Policies and Procedures Committee (Aug 2017-August 2020) Colloquium Committee (Aug 2016-) Faculty Search Committee (Oct 2016-March 2017) APA; Campus Representative ; (July 2009-August 2010) Graduate Student Senate; Senator ;(July 2009-August 2010) Clinical Committee; Representative ; (August 2009-August 2010) Peer Mentor for Psychology Graduate Students; (August 2009-May 2011)
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COMMUNITY SERVICE	Board Appointed Member, State Sponsored KY Eating Disorder Council (Sept 2020-) National Eating Disorder Awareness Walk Sponsor (Aug 2017-current) Community Talks (see workshops and invited talks) Body Project Facilitator at Presentation and Mercy High School (Aug 2017-current) Mentor, High School Science Fair, Betty Ngo (Aug 2016-Aug 2019) Meetings with KY legislature to create eating disorder awareness week in KY (Feb 2018)
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GLOBAL SERVICE	NIH Reviewer Committee Special Emphasis Panel – Clinical Trials (March 2021) NIH Review Committee Behavioral Genetics and Epidemiology (March 2021) Consulting Editor, <i>Clinical Psychological Science</i> (2021) Editorial Board, <i>Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity</i> (2021-2023) NIH Review Committee R34 Mechanism (Oct 2020) Chair, ABCT Obesity and Eating Disorders Special Interest Group (Nov 2019- <ul style="list-style-type: none"> • Membership = 134 • Sponsored and organized workshops: What is Recovery from an Eating Disorder (Dec 2020), Increasing the Impact of and Funding for Eating Disorders (Sept 2020; moderator, attendance =200+), How can the Eating Disorder and Obesity Field Best Work Together (moderator, June 2021) NIH Review Committee Childhood Psychopathology and Developmental Disorders (Feb 2020) Reviewer, Ohio University Grants Program Project Heal Clinical Advisory Steering Committee (Feb 2019-current)
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Invited Participant, National Science Foundation Smart Health Conference (Sept. 2018).

Reviewer- ABCT Obesity and Eating Disorders Special Interest Group (2017-current)

NIH Early Career Reviewer (2018-2020)

Editorial Board, *Eating Behaviors* (2018-)

Academy for Eating Disorders, Advocacy Committee

Association of Behavioral and Cognitive Therapies, Reviewer for the National 2015 Conference abstract submissions

American Psychological Association Science Subcommittee, Elected Member (2011-2013): I reviewed grant applications for the APA Basic Science Grant and Junior Scientist Fellowship

Ad Hoc Reviewer: *Psychological Methods* (since 2021), *International Journal of Obesity* (since 2019), *Social Psychiatry and Psychiatric Epidemiology* (since 2019), *BMC Medicine* (since 2019), *European Journal of Social Psychology* (since 2018), *Behavior Research and Therapy* (since 2017), *International Journal of Eating Disorders* (since 2017), *Depression and Anxiety* (since 2017), *Journal of Affective Disorders* (since 2016), *Body Image* (since 2016), *Journal of Consulting and Clinical Psychology* (since 2016), *Journal of Abnormal Psychology* (since 2016), *Assessment* (since 2016), *European Eating Disorders Review* (since 2015), *Advances in Eating Disorders* (since 2015), *Journal of Anxiety Disorders* (since 2015), *Journal of Clinical Psychiatry* (since 2014), *Psychological Medicine* (since 2014), *Clinical Psychology and Psychotherapy* (since, 2014), *Sage Open* (since 2014), *Journal of Adolescence* (since 2013), *Quality of Life Research* (since 2013), *New Media and Society* (since 2013), *Journal of Personality* (since 2012), *Eating Behaviors* (since 2012), *Cognitive Behaviour Therapy* (since 2011), *Journal of Studies on Alcohol and Drugs* (since 2011), *Journal of Psychopathology and Behavioral Assessment* (since 2009)

Reviewer for APA: Smart Phone Intervention Applications

Member (since 2008), Association for Behavioral and Cognitive Therapies

Member (since 2008), Association for Psychological Sciences

Member (since 2008), Society for a Science of Clinical Psychology

Member (since 2009), American Psychological Association

Member (since 2011), Academy for Eating Disorders

CLINICAL EXPERIENCES

University of North Carolina School of Medicine Internship Eating Disorder Program (August 2014-August 2015)

Department of Psychiatry

Center of Excellence in Eating Disorders

Supervisors: Cynthia Bulik, Ph.D., Dr. Thomas J. Raney, Ph.D., Meg Raney, Ph.D., Maureen Dymek-Valentine, Ph.D. Sara Hofmeier, M.S.

Primary Responsibilities Major Rotation: I served as an individual therapist in an outpatient, partial hospitalization, and inpatient eating disorder clinic carrying a caseload of 6-9 patients. I completed comprehensive assessments to evaluate eating disorder symptoms and behaviors and determine the appropriate level of care needed. I led CBT, DBT, and ACT groups for patients in the inpatient and partial hospitalization clinics. I designed and implemented groups on anxiety and perfectionism. I participated in interdisciplinary team meetings, didactics, and treatment planning. Finally, I participated

in clinical research meetings and conducted research with the Center of Excellence in Eating Disorders Research Team.

Primary Responsibilities Minor Rotations: I completed minor rotations in behavioral medicine, bariatric surgery, heart and lung transplant services, pain clinic, women's mood and anxiety clinic, perinatal mood and depression clinic, and children with developmental disorders clinic.

Peer Supervisor (August 2011-May 2014)

Primary Responsibilities: I served as a peer supervisor for first year graduate students conducting IQ and clinical assessments. Additionally, I served as a therapy peer supervisor for two third year students. We met bi-weekly for supervision.

Community Consultant/Supervisor (August 2012-June 2014)

Primary Responsibilities: I served as a consultant and supervisor for a licensed MSW and direct care staff at a community eating disorder clinic. Consulted and supervised on anxiety disorder and exposure related treatments for patients with eating disorders.

Washington University Psychological Service Center; Therapist (August 2009-December 2013)

Supervisors:

Thomas Rodebaugh, Ph.D. (2009-2010), CBT orientation; anxiety disorder specialist

Amy Bertelson, Ph.D. (2010-2011), Integrative orientation; sleep disorder specialist

Carol Dyer, Ph.D. (2010-2012), Self-psychologist; eating disorder specialist

Jane Grady, Ph.D. (2012-2013), CBT orientation; child and adolescent specialist

Primary Responsibilities: Individual outpatient therapy with a wide range of long and short-term patients using many treatment modules including: CBT, mindfulness-based therapies, dialectical behavior therapy, supportive therapy, interpersonal therapy, integrative therapy, behavioral therapy, and family therapy. Completed intake interviews using structured clinical interviews. Treated adults and adolescents with a wide range of diagnoses including: borderline personality disorder, schizophrenia, binge-eating disorder, social anxiety disorder, major depression, bulimia nervosa, generalized anxiety disorder, obsessive-compulsive disorder, body dysmorphic disorder, post-traumatic stress disorder, and panic disorder. I saw patients both short term and long-term (more than 3 years in some severe cases). Attended weekly individual (2010-2013) and group (2009-2011) supervision.

McCallum Place Eating Disorder Treatment Program and Webster Wellness Professionals; Therapist (May 2012-May 2014)

Supervisors: Dr. Randal Flanery, Ph.D. (primary), Dr. Jennifer Summers, Psy.D., Dr. Carol Dyer, Ph.D.

Primary Responsibilities: Worked as a practicum therapist at both the inpatient hospital (McCallum Place) and affiliated intensive outpatient facility (Webster Wellness). Independently or co-led the following groups: Cognitive Behavior Therapy for Eating Disorders, Meal Therapy; Dialectical Behavior Therapy (DBT) skills training for adults, DBT skills training for adolescents, Interpersonal Effectiveness skills, Adolescent Cognitive Behavior Therapy, Relationship Skills, Schema, Sexuality, and Process groups. Participated in DBT consultation team meetings. Conducted individual cognitive behavior therapy with clients in the intensive outpatient program. Co-assisted with family day once a month with patients and their families (family therapy included). Designed and implemented group on perfectionism. Organized and conducted ongoing research study testing the effectiveness of d-cycloserine on meal exposure therapy. Conducted individual structured clinical interviews with patients in the inpatient facility. Attended weekly individual supervision.

Washington University Psychological Service Center; Additional Assessment Experience (2012-2014)

Supervisors: Dr. Desiree White, Ph.D., Dr. Jim Reid, Ph.D.

Primary Responsibilities: Conducted structured clinical interviews and wrote integrated diagnostic

reports. Conducted clinical, personality, intelligence, and attention assessments.

The St. Louis Behavioral Medicine Institute; Anxiety Disorders Therapist (August 2011-May 2012)

Supervisors: C. Alec Pollard, Ph.D., Gloria Mathis, Ph.D., Debra Emery, Ph.D., Melanie VanDyke, Ph.D.

Primary Responsibilities: Provided individual and group therapy to patients in the intensive outpatient program for children and adults. Primary diagnoses were severe anxiety and depressive disorders. Implemented intensive exposure therapy. Also implemented mindfulness, acceptance and commitment, and cognitive therapy. Co-led the child anxiety group for children ages 6-12. Co-led the adult social anxiety disorder group. Attended case consultation meetings and individual supervision.

Washington University Psychological Service Center; Mindfulness Group Leader (September 2011-November 2011)

Supervisor: Thomas L. Rodebaugh, Ph.D.

Primary Responsibilities: Designed and implemented an 8-week mindfulness therapy group for adults based on Segal et al.'s Mindfulness Based Cognitive Therapy. Participants were primarily older adults.

Washington University Psychological Service Center; ADHD Parent Training Group Leader (January 2010-June 2010)

Supervisor: Denise Head, Ph.D.

Primary Responsibilities: Participated in an intensive training on how to conduct a parent training group. Co-led a 10-week Barkley Defiant Children ADHD parent training group for parents of children with defiant behavior or ADHD. Conducted individual assessments with parents to determine if they were appropriate for the group. Participated in weekly supervision where we re-watched videos of the group.

Washington University Psychological Service Center; Clinical Assistant to the Director (August 2010-August 2011)

Supervisor: Dr. Amy Bertelson, Ph.D.

Primary Responsibilities: I conducted over 70 initial screening assessments of patients seeking therapy. Completed 20-30 minute interviews assessing symptoms, functioning, and background information. Maintained hourly reports for all graduate students therapists and assisted the Director with daily clinic duties.

Washington University Student Health Services Counseling Center; Counselor (August 2010-May 2011)

Supervisor: Dr. Craig Woodsmall, Psy.D. (primary), Dr. Dorothy Van Buren, Ph.D.

Primary Responsibilities: I maintained a caseload of 5-7 clients weekly who sought counseling for a variety of issues spanning from adjustment disorders, insomnia, grief, and stress to severe aspergers, anxiety, and depressive disorders. Additionally, I participated in the weekly eating disorder consultation group and attended weekly case conference meetings. I also conducted outreach programs on healthy sleep and exercise habits.

Empirically Supported Treatments Class, Student (Fall 2009)

University of Kentucky Harris Psychology Service Center; Intern (Spring 2007)

Bluegrass Rape Crisis Center; Volunteer (May 2007-August 2008)

STATISTICS	SMART Clinical Trial Design
COURSES	Hierarchical Linear Modeling
	Multivariate Statistics
	Factor Analysis and Related Methods
	Graduate Level Quantitative Methods I

GRANTS UNDER REVIEW

NIMH R34: Virtual Approach Treatment for Anorexia Nervosa Targeted at Approach and Avoidance Mechanisms to Prevent Relapse (submitted October 2020)

- Role: Principal Investigator
- Co-I: Dr. Michelle Crask

NIMH R21: Longitudinal Personalized Dynamics Among Anorexia Nervosa Symptoms, Core Dimensions, and Physiology Predicting Suicide Risk (resubmitted October 2020)

- Role: Principal Investigator
- Co-Is: Dr. April Smith, Dr. Elizabeth Cash

PCORI: Data-Driven Personalized Treatment for Eating Disorders in the Community (submitted September 2020)

- Role: Principal Investigator

GRANTS AND AWARDS- Submitted not funded

NIMH R21: Engaging mechanisms to optimize fear extinction in anorexia nervosa: Indexing behavioral, physiological and neurobiological pathways (resubmission July 2019)

- Role: Principal Investigator
- Co-Is: Dr. Stuart Murray, Dr. Brendan Depue, Dr. Elizabeth Cash

NIMH F31: Shared and Unique Neurobiological and Psychological Mechanisms of Comorbid Eating Disorder-Anxiety Symptoms during Adolescence (resubmission April 2019)

- Role: Sponsor for Leigh C. Brosf

Klarman Family Foundation Eating Disorders Research grant: **Engaging and Optimizing Mechanisms of Fear Extinction in Anorexia Nervosa: Mapping Behavioral, Physiological, and Neurobiological Target Mechanisms** (submitted Feb 2019)

- Role: Principal Investigator

SAMSHA University of Alabama- University of Louisville Center of Excellence for Eating Disorders (submitted August 2018- not funded)

- Role: Co-Principal Investigator with Dr. Krista Casazza

NIMH R01: Impulsivity and ER Neural and Real-Time Markers of ADHD and ED Comorbidity (submitted Jan. 2018-not funded-resubmitted November 2018-not funded)

- Role: Principal Investigator
- Co-Is: Dr. Michelle Martel, Dr. Greg Smith, Dr. Brendan Depue, Dr. Tory Eiesenhaur-Mouhl

NIMH U01: Personalized Networks and Sensor Technology Algorithms of Eating Disorder Symptoms Predicting Recovery and Relapse (submitted Oct. 2017-not funded-resubmitted as R01)

- Role: Principal Investigator
- Co-Is: Dr. Cynthia Bulik, Ph.D., Dr. Stephanie Zerwas, Ph.D., Dr. Kelsie Forbush, Dr. Stuart Murray, Dr. Eiko Fried, Dr. Sacha Epskamp, Dr. Ross Crosby, Dr. Stephen Wonderlich, Dr. Scott Engel

NIMH R01: **Personalized Networks and Sensor Technology Algorithms of Eating Disorder Symptoms Predicting Recovery and Relapse** (submitted June 2018-not funded)

- Role: Principal Investigator
- Co-Is: Dr. Cynthia Bulik, Ph.D., Dr. Stephanie Zerwas, Ph.D., Dr. Kelsie Forbush, Dr. Stuart Murray, Dr. Eiko Fried, Dr. Sacha Epskamp, Dr. Ross Crosby, Dr. Stephen Wonderlich, Dr. Scott Engel, Elizabeth Cash

National Eating Disorder Association, Feeding Hope Grant: **A Randomized Control Trial of Online and Therapist-Assisted Imaginal Exposure Therapy for Fear of Weight Gain** (submitted as both Feeding Hope and Eating Investigator Grant Sep. 2017- not funded).

Role: Principal Investigator

National Eating Disorder Association, Early Investigator Feeding Hope Grant: **Network Informed Personalized Treatment for Eating Disorders** (submitted Oct. 2018-not funded).

Role: Principal Investigator

Hilda and Preston Davis Foundation Early Investigator Award: **Neural Circuitry Underlying Learning during Exposure Therapy in Individuals with Eating Disorders** (submitted Feb 2019-not funded)

Role: Principal Investigator

Patient Centered Outcome Research Institute: Eugene Washington PCORI Engagement Awards. **Building a Diverse Outreach, Awareness, and Research Community of Eating Disorder Patients** (LOI submitted Feb 2019, full proposal submitted April 2019-not funded)

Role: Principal Investigator with Project Heal Non-Profit

Mentored National Science Foundation Graduate Research Fellowship for Caroline Christian: **The Impact of Impulsivity and Emotion Regulation on Eating and Alcohol Use: An Experimental Study Across the Transition from High School to College** (submitted Oct. 2018-not funded)

Role: Mentor

Mentored National Science Foundation Graduate Research Fellowship for Brenna Williams: **The Impact of Self-Critical Thoughts on Eating Behaviors** (submitted Oct. 2018-not funded)

Role: Mentor